Executive Directors Report RCDSC Board Meeting November 3, 2018 Robinson Rancheria, Ca.

Approval of Draft 2019 Performance Contract: Measures and Activities

Immediately following this report is a copy of the Draft 2019 Performance Contract Measures and Activities. This Draft includes changes to the activities Redwood Coast Regional Center will employ to achieve our Public Policy and Local Policy Outcomes. The proposed changes are based upon the input received during the public meetings held in Ukiah and at our September Board meeting. I am requesting that members of the Board of Directors approve the Draft Performance Contract, so that I may submit it to the Department of Developmental Services.

There was significant agreement between the input participants shared during the two public meetings. These areas of agreement, including specific recommendations made that have been included in our proposed 2019 Performance Plan Activities. I ask that you review the Measures and Activities prior to the November meeting. The following are some of the areas we will be focusing on in our 2019 Performance Plan in response to public input:

• Parent Education and Support

One of the areas that participants in our public meetings felt strongly about was the need for better parent information regarding RCRC services, and the provision of parent support groups. In response to this expressed need, we will be developing an orientation to RCRC services document, which will describe services available to eligible individuals across the lifespan. This will be available in print (English/Spanish) and digital formats.

Currently there are parent support groups in Eureka and Crescent City. Parent support groups are planned for the communities of Hoopa (Humboldt Co) and Covelo (Mendocino Co). RCRC will be sponsoring parent support groups in Ukiah and in Lake Co. in the spring.

Support for School Aged Children and Transitioning Youth

We will continue to provide trainings in student and parent's rights in special education in collaboration with the Warmline Family Resource Center. As part of our initiative to provide more parent support, we will develop and conduct parent support groups for school aged children beginning with Early Start and continuing across grade levels to include a focus on parents of transition aged students. We recognize the need for training for transitioning youth and their families for transition planning and support accessing appropriate transition services for 16-21 year olds. This will be a priority activity for our staff and our collaboration with our SELPAs and school districts.

• Employment Supports

RCRC will develop informational materials for clients and families explaining employment options and support available including internships, competitive and integrated employment, supported

employment and customized employment. We will develop and disseminate informational materials describing the impact of paid employment on the income (SSI) and health insurance benefits clients receive. We will collaborate with our partners in SELPAs and school districts to provide information to school age youth (by age 14) about employment/career options, and preemployment activities.

• Supports for Adults Residing in Family Homes

In addition to offering parent support groups, RCRC will provide clear information, in multiple formats, about supports available to families caring for adult clients (respite, personal attendants, behavioral health services, etc.)

At our November 3rd meeting, my presentation will be limited to responding to any questions or comments related to the Draft Performance Plan. At our January meeting, I will provide updates regarding the many exciting initiatives and ongoing activities at RCRC.

CAPTAIN Conference

On October 27th, RCRC co-sponsored a conference: Evidence-Based Tools to Support People with Autism at the Sequoia Conference Center in Eureka. RCRC staff presented and supported participants at this very important annual conference.

Holiday Activities

Incredible as it may seem, the holidays are upon us. Our offices typically celebrate Halloween, and will be sponsoring "Santa Events". Our holiday celebrations do not endorse any particular faith tradition, but are opportunities for our communities to join us for social time together. Information regarding any organized holiday events will be posted on our website and Facebook page.