

Abuse Prevention Training Package
Respectful Care, Positive Interactions
and Personal Involvement
For

Created on

This booklet will outline the kind of approaches that this member prefers. We want to communicate respect and caring with all our interactions and the information contained in the booklet will help you learn how this person likes to be supported, it will also outline the kind of approaches that the person does not like and finds upsetting or even abusive. By familiarizing yourself with this information you can personalize your approach and be person centered in day to day interactions.

This booklet will also outline the communication strategies that the individual uses to communicate a variety of emotions and emotional states. This will allow us to more easily determine when we need to investigate concerns of complaints, even those stated without speech. All communicate, we want to sure that we are always listening.

The use of this book will be audited, there is space at the back of the booklet for the auditor to sign and comment.

How I communicate: (describe the communication strategies to communicate the following words)

Yes

No

Let me think

Happy

Sad

Angry

Scared

Communication Continued ...

When I want space, I tell you by

When I want your attention, I tell you by

When I am hungry, I ask for something to eat by

When I am thirsty, I ask for a drink by

When I need personal assistance, I ask by

When I don't feel well, I tell you by

When I am bored, I tell you by

All people like to be approached differently, let me tell you how I like to be approached:

When I'm happy, I like it when you

When I am sad, I like it when you

When I am frightened, I like it when you....

When I am angry, I like it when you

When you need to get my attention, the best way is

When you want to show me you care, the best way is

When I am crying, the best way to comfort me is

The best way to

Talk to me is

Make me laugh is

Seven Things I Really Like

1

2

3

4

5

6

7

We all want and need to feel respected. I feel respected when you :

For me to have a good quality of life I need these three things:

1

2

3

Reporting and Investigations:

Many people report abuse through changes in behaviour. The two most important to note are:

- 1) Any sudden onset unexplained change in behaviour.
- 2) Any sudden onset loss of skills previously held.

These things do not necessarily mean that abuse has happened but they mean that an investigation needs to be done. It is probably best that a Behaviour Therapist be called for a consultation as they will be able to ask questions to see if an identifiable antecedent to these changes can happen.

Vita has a bruising policy that defines suspicious bruises:

Inflicted bruises are larger, with a mean size of five cm or greater. Bruises one cm. in size often are not indicators of abuse

Bruises on the head, neck, lateral right arm or posterior torso should arouse suspicion of abuse

Bilateral bruising to the arms (may indicate that the person has been shaken, grabbed, or restrained)

Bilateral bruising of the inner thighs (may indicate sexual abuse)

"Wrap around" bruises that encircle an older person's arms, legs, or torso (may indicate that the person has been physically restrained)

Multicolored bruises (indicating that they were sustained over time)

Please Read and Follow Vita's Suspicious Bruises policy where the process of reporting is outlined in detail.

Vita's Pledge of Service

To Our Members

I will establish trust by proving myself worthy of the word, trust is the process – safety is the goal.

I will remember that I am here to serve your needs, you are not here to meet mine.

I will practice equality by listening and valuing what you have to say.

I will learn your language, if you speak with your shoulders, I will learn 'shoulder'.

I will show loyalty to you and speak of you, always, with respect.

I am aware of my power and will keep you safe from my temper and my prejudices.

It is a privilege to be with you here, I will remember this everyday in my care.

I want to work for the best agency serving people with disabilities and I can only do that by offering the best service I can.

I am Vita therefore Vita is me.

Note To Auditors: The process of auditing is to ensure that this booklet is being used by staff to provide appropriate, respectful, individualized care. All audits must include meeting with staff to determine if the booklet is needing updates or changes. The space here provided is for you to sign and date when the audit is complete. When these pages are full, the booklet is to be redone and care reevaluated.

Providing Safety

Practicing Respect

Promoting Community

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