



# Redwood Coast Regional Center

Respecting Choice in the Redwood Community

## Redwood Coast Regional Center, Board of Directors 2021 Training Plan

Redwood Coast Regional Center (RCRC) represents more than 4,100 people with developmental disabilities, and their families, in the diverse counties of Del Norte, Humboldt, Lake and Mendocino counties and their many niche communities.

RCRC is committed "Respecting Choice in the Redwood Community," specifically to creating communities where:

- The individuals they serve live, learn, work, travel and play in inclusive environments;
- Individuals and families are strong and healthy, physically and emotionally;
- Systems for services and supports are determined by the individual; and
- People are empowered to communicate their own minds and hearts in determining services.

Further, RCRC strives to create an organization that is:

- Committed to excellence;
- A joyful and supportive environment;
- Accessible, knowledgeable, accountable, and accomplishes tasks in a timely, effective manner, and offers and receives formal and informal feedback;
- Founded on collaboration, respect, support, honor and value between all members of the community; and
- Focused on a teaching relationship rather than a caregiver, in an environment where individuals and community satisfaction are the standards by which all services are measured.

With this strong vision, and striving to meet our organizational ideals, the RCRC Board of Directors is committed to providing strong representation and leadership for our communities and is committed to upholding our responsibilities and maintaining good stewardship to people served by Redwood Coast Regional Center and for the people of the State of California. As such, the RCRC Board of Directors recognizes that training, growth and development are key.

Further, as stated in the Lanterman Act 4622(g), Redwood Coast Regional Center shall act in compliance with the following:

- (1) The regional center shall provide necessary training and support to these board members to facilitate their understanding and participation, including issues relating to linguistic and cultural competency.



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(2) As part of its monitoring responsibility, the department shall review and approve the method by which training and support are provided to board members to ensure maximum understanding and participation by board members.

(3) Each regional center shall post on its internet website information regarding the training and support provided to board members.

Redwood Coast Regional Center is hereby submitting to the Department of Developmental Services (DDS) the Board of Directors' Training Plan for 2021.

The trainings selected for the 2021 calendar year are based on:

- 1) The current Board of Directors composition, and related Board membership needs;
- 2) The tenure and experience of the Board of Directors
- 3) The past training schedule/topics
- 4) And other considerations as pertinent

Additionally, in past years, annual Board of Directors training consisted of a 1 4-hour training held in July. Given the COVID-19 safety precautions, including logistically holding all Board of Directors' meetings and trainings via Zoom, and the optimal 1-hour Zoom window, the 4-hour training has been broken into 5 1-hour trainings spanning the year.

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| February 10, 2021*:  | Board Member Composition and Recruitment<br>Ami Sullivan, Kinetic Flow   |
| May 12, 2021*:       | Board Governance Roles and Responsibilities of a Board Member<br>Ami Sullivan, Kinetic Flow                          |
| July 14, 2021*:      | Understanding the System and the System Stakeholders<br>Amy Westling, Association of Regional Center Agencies (ARCA) |
| July 17, 2021*:      | The Performance Contract<br>Brian Winfield, Department of Developmental Services (DDS)                               |
| September 22, 2021*: | Diversity, Cultural and Linguistic Competency<br>Jennifer Garcia, RCRC Diversity Outreach Specialist                 |



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\*Please note: Training details are tentative pending the approval of the 2021 Training Plan by Board of Directors.

Trainings under considerations for 2022 tentatively includes:

- Finance and Administrative Overview
- Who We Serve: Breakdown of People Served & Caseload Ratios
- Legislative and Advocacy Training
- What We Provide: An Overview of Services Offered and Unmet Needs of Our Community.
- Becoming a Person Centered Agency