

Redwood Coast Regional Center's CPP/CRDP team is happy to announce several upcoming free online training sessions with David Hingsburger, M.Ed. Please review the below training descriptions. TO REGISTER, YOU MUST RETURN A REGISTRATION FORM to Dina Petterson at: dpetterson@redwoodcoastrc.org.

That Damned Boat: We are all tired. The pandemic has taken such a toll on both the direct support professionals and the people they support. People call you a hero, but it's hard to feel like one when everywhere you look there are demands and expectations and increased concerns about your health and the health of the people you serve. So how do we think about this? Who are we and what are we doing?

This is a one day event offered two times. Register for one day only REGISTRATION DEADLINE IS THURSDAY DECEMBER 31st.

- One day training: Jan. 6th 10:00- 11:30
OR
- One day training: Jan. 8th 10:00-11:30

Personal power: We all have power in relationship to people with disabilities. What do we do with it and how do we manage it? This session will look at power and provide a new perspective on who we are in relationship to the people we support. Further strategies for managing power will be a major part of the presentation.

This is a one day event offered two times. Register for one day only REGISTRATION DEADLINE IS WEDNESDAY FEBRUARY 4th.

- One day training: Feb. 11th 10:00-11:30
OR
- One day training: Feb. 12th 10:00-11:30

Disability Informed Service: This two-part series will look at how we provide support to people who have intellectual disabilities. Does their disability matter in personalizing their support? This series will examine intellectual disability and what it means in the life of the people you support. Ideas for understanding disability in service provision will be provided. Prepare to learn practical, everyday strategies to make your support even more valuable.

This is a two day training. You must register for two days

- Two day training: **Jan. 20th AND 21st 10:00-11:30** REGISTRATION DEADLINE IS WEDNESDAY JANUARY 13th.
OR
- Two day training: **Feb. 4th AND 5th 10:00-11:30** REGISTRATION DEADLINE IS THURSDAY JANUARY 28th.

Dave Hingsburger is an internationally recognized lecturer and author. He is engaging, down to earth, and explicit. His experience includes providing direct services to people with developmental disabilities, consults with schools, service agencies, parents and consumer groups. His areas of expertise include:

- *Inappropriate or Deviant Sexuality*
- *Sexual Victimization & Abuse Prevention*
- *Self-concept and Esteem*
- *Communication Styles & Listening Skills*
- *Behavior Analysis & Positive Interventions*