



# Redwood Coast Regional Center

Serving Del Norte, Humboldt, Mendocino and Lake Counties

Volume 2, Issue 2 – August 6, 2021

## **A message from Client Advocate, Alex**

### **Social and Recreational funding restored!**

It is invaluable that Redwood Coast continue to receive funding from the state for camping and other social and recreational activities, because the rural areas we serve are surrounded by natural resources. Access to social and recreational activities with like-minded people goes a long way to facilitate community access, sharing of local culture, and full inclusion. Thanks in part to advocates who receive services from Redwood Coast Regional Center and their families, the California state legislature has heard our request to renew this

funding and has restored it back into the state budget. The restoration of funding for social recreation such as, camping and leisure activities will allow our clients crucial access to their communities and space to consider what is important in their lives long-term. The outdoors is a great clarifier and reset button, and everyone needs access to them. With social and recreational funding we can also improve clients' mental health after being isolated for the past year, not seeing their friends, and in some cases not seeing staff they've built rapport with.

### **RCRC Outreach**

Redwood Coast Regional Center has been busy these last few weeks with outreach in our four counties. Service Coordinator, Amy represented us at the Health Living Fair in Willow Creek on July 21<sup>st</sup>, while Jennifer and Tiina set up a table at the Fort Bragg Farmers Market. Dolores was recently present at the Tuesday Market in Lakeport and the Saturday Lakeport Farmers Market at the Fairgrounds, which will change locations in August to Steele

Wines between Lakeport and Kelseyville. We will be there on August 14<sup>th</sup> and 28<sup>th</sup>. On July 25<sup>th</sup>, Jennifer had a table at the Adopt-A- Park Community Celebration in Carlson Park in Arcata put on by CUNA, an up and coming community organization that is under the umbrella of Cooperation Humboldt. She was also present at the Fortuna Farmers Market and the Summer Activities Fair in Crescent City. RCRC also tabled with DHHS and Food For



People and many other organizations in Hoopa, Trinidad and Fortuna. She will set up with them in Redway on August 10<sup>th</sup>, Orleans on August 12<sup>th</sup>, and Weitchpec on August 17<sup>th</sup>. We are

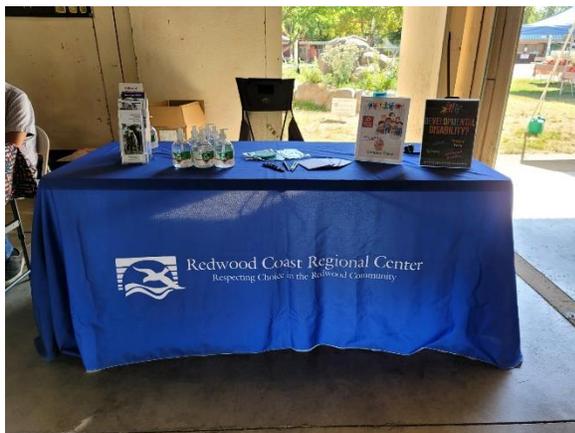
also planning to be at Crescent City Farmers and Artisans market on August 11<sup>th</sup>. Please see our full schedule for a location near you. We are still giving out hand sanitizer and masks.



Adopt-A-Park Community Celebration in Carlson Park in Arcata on July 25th



Crescent City's Summer Activities Fair on Jul 31st



Lakeport Farmers Market at the Fairgrounds



Jennifer and Tiina at Fort Bragg Farmers Market

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## **Upcoming Outreach Events**

- 8/6 Middletown Farmers Market 5pm-8pm
- 8/9 Laytonville Farmers Market 2pm-5pm
- 8/10 Redway First Baptist Church with DHHS and Food For People 12pm-2pm
- 8/11 Crescent City Downtown Artisan and Farmers Market 9am-2pm
- 8/12 Orleans Karuk Senior Center & Health Clinic 10:30am-1:30pm
- 8/14 Lakeport Farmers Market at Steel Wines 10am-1pm
- 8/14 Crescent City Farmers Market at the Harbor 9am- 2pm
- 8/17 Weitchpec Yurok Tribal Office 10a-1pm
- 8/18 Fort Bragg Farmers Market 3pm-5:30pm
- 8/19 Loleta Community Center Food Pantry 3pm-5pm
- 8/19 Willits Farmers Market 3pm-6pm
- 8/20 Covelo Food Pantry 10am-2pm

## **Baile Terapia**

Our friend, Jorge Matias of St. Joseph's Spanish language community health education program, Paso a Paso has been leading a fast paced and fun dance therapy session on Facebook Live since the pandemic began. Families from a Spanish speaking parent support group he helps facilitate as well as folks as far away as South America join in on Friday evenings to dance and be entertained by Jorge, "el payaso". He often gives a shout out to Redwood Coast Regional Center. Recently he has been allowing more guests apart from Haydee, his coworker in his

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garage/ dance studio and Jennifer has had the pleasure of joining in the fun. Tune into Sonido El Chingon's Facebook profile to watch the Facebook Live performance every Friday from 6:30-7:30pm.

## **Parent Academy**

**Wednesday, August 25 3-4pm (English),  
Thursday, August 26 3-4pm (Spanish)**

Please join us via Zoom or phone for our monthly RCRC Parent Academy series on *Helping Tools for Social-Emotional Health and Development*.

In this 11<sup>th</sup> Parent Academy in the Helping Tools series, the presenter will discuss Promoting Your Child's Development Through Everyday Activities.

**Please RSVP to Denise Keller:**

[bctservices2@gmail.com](mailto:bctservices2@gmail.com) or  
[jgarcia@redwoodcoastrc.org](mailto:jgarcia@redwoodcoastrc.org) (Spanish) and a link to the presentation will be provided.

**Questions? For English Call Denise @ 707-489-9972 For Spanish, call Jennifer @ 707-616-1976**

## **Self Determination Advisory Committee**

The Self-Determination Advocacy Committee (SDAC) is seeking to fill TWO positions; one in Del Norte and one in Humboldt. This committee meets once a month on the third Friday to review the development and progress of the self-determination program and to offer ongoing recommendations. Ideally, we would like to have a client or a family member in both positions. These positions remain open until filled. Contact Sedona Bowser for more information (707) 445-0893 ext. 363  
[sbowser@redwoodcoastrc.org](mailto:sbowser@redwoodcoastrc.org)



## **COVID Vaccine Fair**

### **Family Vaccine Fair Organized by True North**

**SATURDAY, August 21** 11:00am – 2:00pm

**LOCATION:** United Methodist Church of the Joyful Healer at 1944 Central Avenue in McKinleyville

**BONUS:** Baile Terapia will be there at 12:30!

**MAKE AN APPOINTMENT HERE:** Sign up for a vaccination appointment for free, by clicking here: <https://myturn.ca.gov/>

Walk-ins are welcomed at this events or call Yohana (707) 441-0986 or Rosario (707) 267-6925 to register or get for more information.

Go to [MyTurn.ca.gov](https://myturn.ca.gov/) to find a vaccine clinic near you.

## **RCRC Caseload Ration Public Meeting**

RCRC will be hosting a public meeting to request input regarding our Plan of Correction as RCRC did not meet our caseload ratio requirements for two consecutive reporting periods. This meeting will be held by Zoom on **Thursday, August 12, 2021 at 10:00 a.m.**

<https://us02web.zoom.us/j/84270754085?pwd=czQrLzBmR3BlbDFTZGthZ1V3dzhtUT09>

Meeting ID: 842 7075 4085

Passcode: 192876

If you are not able to attend this meeting you may send written input via email to [ratio.input@redwoodcoastrc.org](mailto:ratio.input@redwoodcoastrc.org). The deadline to submit input is August 23, 2021.

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## **Newsletter Contributions**

If you have something you would like to contribute to our newsletter, please send it to [jgarcia@redwoodcoastrc.org](mailto:jgarcia@redwoodcoastrc.org) by the first or third Wednesday of the month to be included in the following Friday's newsletter. As the newsletter grows we are hoping to receive stories from our community.