



Redwood Coast Regional Center

Serving Del Norte, Humboldt, Mendocino and Lake Counties

Volume 2, Issue 3 – August 20, 2021

A message from Client Advocate, Alex

Concert in the Park

Redwood Coast Regional Center sponsors the Sundays in the Park summer concert series in Ukiah. This yearly concert series fosters community support to bring eclectic music to Mendocino County and is a favorite event of many people who receive RCRC services. RCRC accepted a sponsorship plaque from the city of Ukiah, in the company of many other small businesses. The final band of the 2021 season was Diggin' Dirt, a very high-energy funk band from Humboldt County. I used to live in

Humboldt and see them regularly. When the agency I am now employed with was recognized as playing a large part in bringing admired music to our area, I felt thankful as the heat of the day cooled and the moon rose. I know that the people who work here are committed to supporting people to realize their dreams, and Sundays in the Park is a wonderful sponsorship that inspires me to tell supportive staff and coworkers about my own artistic future and find avenues of community support to achieve my goals.





RCRC Outreach

Redwood Coast Regional Center was recently recognized by the mayor of Ukiah for sponsoring this summer’s concert series of Concerts in Todd Park. Alex and Jennifer were there to accept the award on behalf of RCRC. The City of Ukiah puts on many family friendly events throughout the year. We are looking forward to attending the first Hispanic Heritage Month celebration on Sunday, September 19th at Grace Hudson Elementary from 11am-3pm. This event, put on by Mayor Juan Orozco, the

City of Ukiah, and Ukiah Vecinos en Accion will become an annual celebration of diversity and will feature food and craft vendors, entertainment and information. RCRC will be there with a table and information as well as at the 2021 PumpkinFest. This year’s theme is Steam Punk and the dates are October 15-17.

See our photos of recent outreach events and schedule of upcoming events.



Redway with Food For People and DHHS



Crescent City’s Downtown Farmers Market



Laytonville Farmers Market



Jennifer and Dolores at Fort Bragg Farmers Market

Visit our Website: redwoodcoastrc.org and follow us on Social Media:

- <https://www.facebook.com/redwoodcoastregionalcenter>
- <https://www.instagram.com/redwoodcoastregionalcenter/>
- <https://twitter.com/redwoodcoastrc>



Upcoming Outreach Events

- 8/20 Covelo Food Pantry 10am-2pm
8/21 Ukiah Farmers Market 10am-1pm
8/21 Arcata Farmers Market 10am-12pm
8/24 Fortuna Farmers Market 3pm-6pm
8/27 Middletown Farmers Market 5pm-8pm
8/28 Lakeport Farmers Market at Steel Wines
10am-1pm
9/3 Middletown Farmers Market 5pm-8pm
9/7 Lakeport Farmers Market at Library Park
10am-1pm
9/8 Crescent City Downtown Farmers and
Artisan Market 9am-1:30pm
9/10 Pt Arena Action Network Family Resource
Center 2pm-5pm
9/11 Lakeport Farmers Market at Steel Wines
10am-1pm
9/13 Laytonville Farmers Market 2pm-5pm
9/14 Redway First Baptist Church with DHHS
and Food For People 12-2pm
9/15 Ft Bragg Farmers Market 3pm-5:30pm

Parent Academy

Wednesday, August 25 3-4pm (English),

Thursday, August 26 3-4pm (Spanish)

Please join us via Zoom or phone for our monthly RCRC Parent Academy series on *Helping Tools for Social-Emotional Health and Development*.

In this 11th Parent Academy in the Helping Tools series, the presenter will discuss Promoting

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Your Child's Development Through Everyday Activities.

Please RSVP to Denise Keller:

bctservices2@gmail.com or

jgarcia@redwoodcoastrc.org (Spanish) and a link to the presentation will be provided.

Questions? For English Call Denise @ 707-489-9972 For Spanish, call Jennifer @ 707-616-1976

Self Determination Advisory Committee

The Self-Determination Advocacy Committee (SDAC) is seeking to fill TWO positions; one in Del Norte and one in Humboldt. This committee meets once a month on the third Friday to review the development and progress of the self-determination program and to offer ongoing recommendations. Ideally, we would like to have a client or a family member in both positions. These positions remain open until filled. Contact Sedona Bowser for more information (707) 445-0893 ext. 363
sbowser@redwoodcoastrc.org

Self Determination

Do you want to learn more about self-determination? Redwood Coast Regional Center has a monthly informal conversation where you can ask your questions and talk about your experiences in self-determination. Members of the self-determination advisory committee, SCDD staff, and RCRC staff will be there.

Friday, 8/27 at 3pm-5pm

<https://us02web.zoom.us/j/8679540290?pwd=bkNoTTYxb2RjMHFWN2YwciswTHNDQT09>

Meeting ID: 867 954 0290

Passcode: 95482



COVID Vaccine Clinics

Family Vaccine Fair Organized by True North

SATURDAY, August 21 11:00am – 2:00pm

LOCATION: United Methodist Church of the Joyful Healer at 1944 Central Avenue in McKinleyville

BONUS: Baile Terapia will be there at 12:30!

Walk-ins are welcomed at this event or call Yohana (707) 441-0986 or Rosario (707) 267-6925 to register or get for more information.

SUNDAY, August 22 11:00am – 1:00pm

LOCATION: Carlson Park, Arcata

BONUS: A monthly park clean-up day will be happening there at that time, thanks to CUNA and Cooperation Humboldt.

There are many locations in our four counties to get vaccinated. Go to [MyTurn.ca.gov](https://www.myturn.ca.gov) to find a vaccine clinic near you.

Humboldt County Association Of Governments (HCOAG)

Transportation Survey

The Humboldt Regional Transportation Plan, "Variety in Regional Options of Mobility" (VROOM), sets HCOAG's long-term planning priorities for goals, objectives, and outcomes (and funding) to support a comprehensive, sustainable, and balanced transportation system in Humboldt County. VROOM's overall goal is to support an equitable transportation system for all to travel conveniently, sustainably, and safely.

Please consider taking the survey. HCOAG wants to hear from folks with diverse mobility to develop their 20-year plan for transportation in Humboldt County

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<https://twitter.com/redwoodcoastrc>

Survey in English:

<https://www.surveymonkey.com/r/RTPUpdate>

Spanish Encuesta en español:

<https://www.surveymonkey.com/r/rtpencuesta>

Newsletter Contributions

If you have something you would like to contribute to our newsletter, please send it to jgarcia@redwoodcoastrc.org by the first or third Wednesday of the month to be included in the following Friday's newsletter. As the newsletter grows, we are hoping to receive stories from our community.

Disability Thrive Initiative

[Disability Thrive Initiative](#) was established in Dec. of 2020 as a result of the COVID-19 Pandemic. Services had to be modified and Alternative/Remote Services quickly became the new "normal." As Alternative/Remote services grew so did the need for technical support and trainings. This last year we have seen members of the disability community grow and become independent. We have also learned about the lack of alternative tools, resources or information for many community members. So, it was then that DDS and the San Diego Regional Center, funded Disability Thrive Initiative, in hopes to provide support throughout the entire state of California for the disability community. Disability Thrive Initiative provides one to one and/or group trainings, alternative tools accessibility training, Person-Centered training and much more. You can find more information here: <https://scdd.ca.gov/iddthrive/>