



Redwood Coast Regional Center

Serving Del Norte, Humboldt, Mendocino and Lake Counties

Volume 2, Issue 4 – Sept 3, 2021

RCRC Outreach

Redwood Coast Regional Center continues to be present at events such as the Farmers Markets around Humboldt, Mendocino, Lake and Del Norte counties. Our goal is to educate the public about who RCRC is and what we do, as well as connect with existing clients and our community in general. We are distributing masks and hand sanitizer along with brochures and information. We gave out PPE to 48 families in 2 hours at the Humboldt County Fair on Tuesday, the day that had free admission. N95s have been appreciated recently with the

smoke in the air. These supplies have been generously given to us by the State Council on Developmental Disabilities. If client needs masks or hand sanitizer, they can contact their Service Coordinator to receive some. In addition to farmers markets, RCRC also tables with DHHS and Food For People and many other organizations in Humboldt County. We also get invited to other community events, such as PumpkinFest in Ukiah in October and Tri-County Independent Living Expo in February. Please see our full schedule for a location near you.



Service Coordinator, Cathy at Covelo Food Pantry





Baile Terapía at the Feria de Vacación in McKinleyville



RCRC gave our masks and hand sanitizer at the Humboldt County fair on Tuesday



Jennifer at the Saturday Lakeport Farmers Market

9/8 Crescent City Downtown Farmers and Artisan Market 9am-1:30pm

9/10 Pt Arena Action Network Family Resource Center 2pm-5pm

9/11 Lakeport Farmers Market at Steel Wines 10am-1pm

9/13 Laytonville Farmers Market 2pm-5pm

9/14 Redway First Baptist Church with DHHS and Food For People 12-2pm

9/15 Ft Bragg Farmers Market 3pm-5:30pm

9/16 Willits Farmers Market 3pm-6pm

9/16 Loleta Food Pantry 3pm-5pm

9/17 Covelo Food Pantry 10am-2pm

9/18 Ukiah Farmers Market 10am-1pm

9/18 Arcata Farmers Market 10am-1pm

9/21 Weitchpec Yurok Tribal Office with Food For People 10:30-1pm

9/22 Hoopa Shopping Center with Food For People 10am-1pm

9/25 Crescent City Harbor Farmers Market 9am-1:30pm

Upcoming Outreach Events

9/3 Middletown Farmers Market 5pm-8pm

9/7 Lakeport Farmers Market at Library Park 10am-1pm

Parent Academy

Wednesday, September 22 3-4pm (English),

Thursday, September 23 3-4pm (Spanish)

Visit our Website: redwoodcoastrc.org and follow us on Social Media:

<https://www.facebook.com/redwoodcoastregionalcenter>

<https://www.instagram.com/redwoodcoastregionalcenter/>

<https://twitter.com/redwoodcoastrc>



Save the date for our monthly RCRC Parent Academy series on *Helping Tools for Social-Emotional Health and Development*.

Questions?

For English, contact Denise

bctservices2@gmail.com 707-489-9972

For Spanish, contact Jennifer

jgarcia@redwoodcoastrc.org 707-616-1976

Self Determination Advisory Committee

The Self-Determination Advocacy Committee (SDAC) is seeking to fill TWO positions; one in Del Norte and one in Humboldt. This committee meets once a month on the third Friday to review the development and progress of the self-determination program and to offer ongoing recommendations. Ideally, we would like to have a client or a family member in both positions. These positions remain open until filled. Contact Sedona Bowser for more information (707) 445-0893 ext. 363

sbowser@redwoodcoastrc.org

COVID Vaccine Clinics

There are many locations in our 4 counties to get vaccinated. Go to MyTurn.ca.gov to find a vaccine clinic near you.

Save the Date for VSP Event

November 8 and 9 in Eureka and **November 10 and 11** in Ukiah are the dates for the annual VSP event, in which 3-4 optometrists volunteer their time to see folks who have a need for glasses. They can make glasses there on the spot, unless they are bifocals and then they get them sent for. Ruth Valenzuela, District Director

Visit our Website: redwoodcoastrc.org and follow us on Social Media:

<https://www.facebook.com/redwoodcoastregionalcenter>

<https://www.instagram.com/redwoodcoastregionalcenter/>

<https://twitter.com/redwoodcoastrc>

at Assemblymember Jim Wood's office is the one who will be making appointments, so people will need to call her. At this point, she isn't yet making appointments, but give her a call or send an email to get on the list of Regional Center clients, as she will block off some time for our clients.

ruth.valenzuela@asm.ca.gov 707-463-5770

Humboldt County Association Of Governments (HCOAG) Regional Transportation Update

Humboldt County Association of Governments (HCAOG), our Regional Transportation Planning Agency, is seeking input from residents on the Regional Transportation Plan (RTP) update currently underway. The purpose of the RTP is to establish regional goals, identify present and future transportation needs and understand local deficiencies and constraints so that transportation investments can be proposed and fulfilled.

HCAOG invites the public to participate in several ways. There is a virtual Community Dialogue & Workshop on Monday, Sept. 13, from 6 p.m. to 8 p.m. (with Spanish translation available). This is an opportunity for residents to share transportation viewpoints and visions, and to discuss how we can best plan and meet short-term and long-term priorities. To access the meeting please use the following link: <https://us06web.zoom.us/j/84928415662> and meeting ID: 849 2841 5662 or call 1-253-215-8782.

The public may also provide input by completing an online survey in English or



Spanish. The English survey is available at <https://www.surveymonkey.com/r/RTPUpdate> and the Spanish survey is available at <https://www.surveymonkey.com/r/RTPEncuest>
[a](#)

Newsletter Contributions

If you have something you would like to contribute to our newsletter, please send it to jgarcia@redwoodcoastrc.org by the first or third Wednesday of the month to be included in the following Friday's newsletter. As the newsletter grows, we are hoping to receive stories from our community.

Visit our Website: redwoodcoastrc.org and follow us on Social Media:
<https://www.facebook.com/redwoodcoastregionalcenter>
<https://www.instagram.com/redwoodcoastregionalcenter/>
<https://twitter.com/redwoodcoastrc>