

RCRC PARENT ACADEMY

Helping Tools Series

How to Build Self-Control in Your Child:
Increasing Social Emotional-Development and
Self-Awareness for Young Children and Their
Caregivers



Join us in November, as the Early Childhood Team from Easterseals Northern California focuses on the importance of social emotional development in helping your child grow, mature, and thrive. The presenters will offer tips for supporting your child's blossoming self-awareness and emotional needs. In addition, they will offer tips and tools for caring for yourself and your family. You will leave the training with some new tools to help support you and your child's social emotional well-being. A Q&A session will follow the presentation.

This presentation is provided by Redwood Coast Regional Center and funded by the Mental Health Services Act (MHSA) FAST Grant in Partnership with the California Department of Developmental Services.

Redwood Coast Regional Center is solely responsible for the content of this presentation. The Department of Developmental Services has not developed, reviewed, endorsed, or approved the contents.



Join Us!

When:

November 17, 2021
12:30 pm to 1:45 pm

Where:

Via Zoom

To save your spot
and receive a Zoom
link, please RSVP to:

bctservices2@gmail.com

Questions?

Call Denise at 707-489-9972

**Redwood Coast Regional
Center**

**Serving Lake, Mendocino,
Del Norte, and Humboldt
Counties**

*Respecting Choice in the
Redwood Community*