

Client Advisory Committee (CAC) Meeting
Thursday, October 7, 2021 at 3:30 p.m. by Zoom/Video Teleconference

CAC Members Present: Trixie Galletti, Bill Lacy Will Lewis,

CAC Members Absent: Dave Matson Keith Peeples

RCRC Staff Present: Alex Bland-Client Advocate, Chris Miller-Client Advocate, Kim Orsi-Executive Assistant and Dr. Kim Smalley-Executive Director

Others Present: Mark Konkler-Facilitator, Kristi Patterson and Enrique Ulloa-Translator

- Agenda:
1. Call to Order/Introductions
 2. Review Meeting Minutes and Updates on Future Trainings
 3. Discussion on Affordable housing
 5. Goals/New Members
 6. Close the meeting

1. **Call to Order/Introductions:** W. Lewis called the meeting to order at 4:00 p.m. and those wishing to introduce themselves did so. A quorum is present.
2. **Review Meeting Minutes:** K. Orsi reviewed the minutes from October 7, 2021 meeting. A discussion continued regarding future trainings and C. Miller confirmed that Julie Eby-McKenzie from the SCDD will provide training for the CAC on Thursday, December 2, 2021 at 4:00 p.m. The proposed training topic is Learning Leadership Skills. K. Orsi will update the Training announcement with B. Lacy's artwork for the December 2nd training. This announcement will be e-blasted to providers and RCRC staff to share with clients. The announcement will also be posted on RCRC's website.

Future Trainings:

- Clients' Rights
 - Learning Leadership Skills: Confirmed for December 2, 2021
 - Training for Board Facilitators: K. Orsi forwarded to the CAC an electronic copy of Facilitation Guide for their review.
 - Diversity Training with Jennifer Garcia: Dr. Smalley will contact J. Garcia and discuss training for the CAC in February.
3. **Discussion on Affordable Housing:** C. Miller provided an update from discussions on affordable housing with the CAC ARCA group that included other community members. Some of the barriers/difficulties reported during the meetings included financial (rents are too high), stigma, and discrimination. The need for additional affordable housing throughout the state is greatly needed. C. Miller asked the CAC for their thoughts and feedback on affordable housing:
 - Affordable housing is needed in safe neighborhoods
 - Accommodations for those with physical needs (counter tops too high, accessible bathrooms).
 - Wheelchair accessibility

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- Cost of living for those on fixed incomes, rent is not affordable.
- More programs that provide assistance (Section 8/Affordable housing projects) and supports to assist individuals with the process, applications, etc.

Discussion continued about what supports are needed. C. Miller added that the CAC ARCA group continues its research and review of resources as they are developing a tool that will provide information about resources that are available. Dr. Smalley added regional centers should have staff who understands and could provide information to service coordinators on affordable housing and the various housing programs/assistance available in their area.

This topic will be ongoing in the future as affordable housing needs continue statewide.

4. **Goals/New Members:** Discussion continued regarding future goals and how to increase meeting attendance and CAC members. The following recommendations were reviewed:

- Meet with clients at programs to discuss their needs. This is suspended until COVID cases subside.
- Continue to Invite friends
- Invite members from the Ukiah Chapter of People First
- Continue to invite clients from your programs

CAC member are asked to think about inviting someone they know to future CAC meetings each month. C. Miller will reach out to the ALTA CAC about membership ideas. Dr. Smalley would like this committee to also think about their own needs and let her know how things are going.

W. Lewis asked how RCRC is getting word out about who they are and what services are available. Dr. Smalley reported that information is available at medical offices, schools, and our Diversity Outreach team is ever present in our community as they are attending local events and activities. Word about RCRC is also getting out by radio and a variety of social media platforms that include Facebook, Instagram and Twitter.

Summary of ACTIONS from today's meeting:

- C. Miller will reach out to the CAC at ALTA about membership
- Dr. Smalley will connect with J. Garcia regarding Diversity Training for CAC in February
- K. O will connect with the Ukiah People First facilitators to share future CAC meeting/trainings with their members.

5. Close the Meeting: W. Lewis closed the meeting at 4:57 p.m.

CAC Committee/ko