

ORIENTATION

Everyone who wants to join Self-determination has to go to a meeting called an orientation. Please tell us about yours.

1. What kind of orientation did you have?
 - a. I went in-person
 - b. I went on-line and listened to the computer

2. Who went with you for your orientation?
 - a. no one
 - b. someone in my family
 - c. a friend of mine
 - d. my regional center service coordinator
 - e. someone else Do you want to say who?

3. How was your orientation?
 - a. too long
 - b. too short
 - c. just right

4. Did you understand what was said in the orientation?
 - a. most of it
 - b. some of it
 - c. not much of it

5. Did your orientation help you decide to change to self-determination?
 - a. yes
 - b. no
 - c. I am still making up my mind
 - d. I might want to do the orientation again before I decide

6. Overall, how satisfied are you with the orientation?
 - a. very
 - b. somewhat
 - c. not much

What could make it better?

Anything else you want to add?

Thank you!

PERSON-CENTERED PLAN

Please tell us about getting you person-centered plan.

1. I was in charge of who came to my meetings and where and when they happened.

- a. always
- b. never
- c. sometimes

2. I set the goals and decided who would help me.

- a. always
- b. never
- c. sometimes

3. It has what I need to live my life the way I want

- a. mostly
- b. somewhat
- c. not really

Please say more about this.

4. How long did it take to finish your plan?

- a. too long
- b. too short
- c. just right

Overall, how satisfied are you with your person-centered plan?

- a. very
- b. somewhat
- c. not satisfied

What would make it better?

Anything else?

Thank you.

PRINCIPLES OF SELF- DETERMINATION

There are 5 principles of self-determination. Please tell us how these principles have worked for you.

1. Freedom

Are you able to plan you life with choices you make?

- a. always
- b. sometimes.
- c. not so much

2. Authority

Do you have control over how your money is spent for services?

- a. always
- b. sometimes
- c. not so much

3. Support

Do you have the help you need to get the services you want and people to help you when you get those services?

- a. always
- b. sometimes
- c. not so much

4. Responsibility

Are you willing to accept the result of the decisions you make, even if the result is not what you wanted?

- a. always
- b. sometimes
- c. not so much

5. Confirmation

Do the people you work with say and do things that show you are in charge? (nothing about me without me)

- a. always
- b. sometimes
- c. not so much

Overall, how satisfied are you that the principles of self-determination are being followed with you?

- a. very
- b. somewhat
- c. not so much

What could make it better?

Anything else you want to say?

Thank you!

Budget certification

1. Was your budget amount

- a) too small
- b) just right
- c) plenty

2. Is your budget amount enough to help you live your life the way you want?

- a) mostly
- b) not really
- c) somewhat

3. Are you able to pay for what is important *to* you?

- a) yes
- b) no
- c) somewhat

4. Are you able to pay for what is important *for* you

- a) yes
- b) no
- c) somewhat

5. Were you able to add money for unmet needs?

- a) yes
- b) no
- c) it was not discussed
- d) I did not need this

6. Did your service coordinator explain how your budget amount is set?

- a) yes
- b) no
- c) somewhat

7. Did your service coordinator explain how your budget amount could go up or down if there was a big change in your circumstances (health, living arrangements, employment) before or after starting self-determination?

- a) yes
- b) no
- c) somewhat

8. Was the time it took to get your budget certified

- a) too long
- b) just right
- c) quick

Overall, how satisfied are you with how your budget was set?

- a) very
- b) somewhat
- c) not much

What changes would make to make it better?

Anything else?

Thank you very much!

financial MANAGEMENT SERVICES

People in Self Determination must have a Financial Management Service. Please tell us about yours.

1. There are three types of services provided by FMS. Which one do you have?
 - a. Bill Payer
 - b. Sole Employer
 - c. Co-Employer

2. How many different FMS have you had since you started the SD program?
 - a. only one
 - b. two or three
 - c. more than three

3. How difficult was it to find a FMS?
 - a. it was easy
 - b. it took awhile
 - c. it was very difficult

4. Do you understand what your FMS does for you?
 - a. always
 - b. sometimes
 - c. hardly ever

5. How much do you pay your FMS?
 - a. \$50 to \$100/Bill Payer
 - b. \$110 to \$150/Sole Employer
 - c. \$125 - \$165/ Co-Employer

6. What do you think about the amount you pay?
 - a. it's too much
 - b. it's not enough
 - c. it's just right

7. How often do you talk with your FMS?
 - a. every week

- b. once a month
- c. whenever I want to
- d. never

8. Does your FMS do what you need quickly?
- a. most of the time
 - b. some of the time
 - c. no

- Overall, how satisfied are you with your FMS?
- a. very
 - b. somewhat
 - c. not much

What do you like best about your FMS?

How could your FMS be better?

Anything else?

THANK YOU!

Independent Facilitator

1. How did you choose your Independent Facilitator?
 - a. I was given a list of people to interview
 - b. I chose someone I know
 - c. someone else chose for me

2. How many times do you talk to your Independent Facilitator?
 - a. a few times
 - b. lots of times
 - c. never

3. Where do you meet with your Independent Facilitator?
 - a. in person
 - b. on the phone
 - c. over the computer
 - d. all of the above

4. What do you think of the length of your meetings?
 - a. too long
 - b. too short
 - c. just right

5. Do you feel like you are in charge when you meet with your Independent Facilitator?
 - a. always
 - b. sometimes
 - c. never

6. Do you think your Independent Facilitator listens to you and represents your goal to others?
 - a. always
 - b. sometimes
 - c. never

7. How easy was it to find and Independent Facilitator?

- a. easy
- b. difficult
- c. very hard

8. How much do you pay your Independent Facilitator?

- a. not enough
- b. too much
- c. just right

9. How did you decide how much to pay your Independent Facilitator?

- a. I negotiated with my Independent Facilitator
- b. with help from my Service Coordinator
- c. With the help of someone else

Do you want to say more about this?

10. Do you feel like you were given enough information to make informed choices about the services you receive?

- a. always
- b. sometimes
- c. never

11. Overall, how satisfied are you with your Independent Facilitator?

- a. very satisfied
- b. somewhat satisfied
- c. not satisfied

What would make it better?

Anything else?

THANK YOU!

LAST SURVEY QUESTION

Overall, how satisfied are you with the self-determination program?

- a) very
- b) Somewhat
- c) not too much

What things do you like best about it?

What do you like least about it?

How could it be better?

How likely are you to recommend the program to others?

- a) very
- b) somewhat
- c) not likely

Thank you for your time!

