

Self-Determination Local Advisory Committee
Meeting Minutes
Friday, March 18, 2022
10:00 a.m. to 12:00 Noon

Recorder: Sedona B.

Zoom Meeting

Present:

COMMITTEE MEMBERS (*=Appointed By): Robert Miland Taylor (RCRC*), Pam Jensen (SCDD*), Chris Miller (RCRC)

REPRESENTATIVES TO THE COMMITTEE: Sheila Keys (RCRC), Mary Block (RCRC), Sedona Bowser (RCRC), Julie Eby-McKenzie (SCDD)

COMMUNITY MEMBERS: Barbara Sprout (Community), Crysalynd Miranda (CRA), Joe Hernandez (SCDD), Jonathan Padilla (RCRC), Kari Elkins (Community), Melissa Robinson (DDS), Roshan Ashford (Community), Sheri Steinmetz (RCRC), Sherry Erickson (Community), Sierra Braggs (RCRC), Valerie Johnson (Community)

Absent Committee Members: Frank Van Curen (SCDD*), Clifford Black (CRA)

Common Abbreviations:

CRA (Client Rights Advocate), **DDS** (Department of Developmental Services), **DVU** (Disability Voices United), **FMS** (Financial Management Services), **FRC** (Family Resource Center), **IF** (Independent Facilitator), **PDS** (Participant Directed Services), **PCT** (Person Centered Training), **RC** (Regional Center), **RCRC** (Redwood Coast Regional Center), **SC** (Service Coordinator), **SCDD** (State Council on Developmental Disabilities), **SDAC** (Self-Determination Advisory Committee), **SDP** (Self-Determination Program), **SSDAC** (Statewide Self-Determination Advisory Committee)

Minutes:

1. **Welcome, Introductions, Roll Call, and Select a Timekeeper (Robert):**

- a. Sedona identified all who are in attendance.
- b. Roll call was taken and a quorum was present.
- c. Pam J. was selected as Timekeeper.

2. **Review, Discussion and Approval of 02/25/2022 Minutes (Robert):**

Motion: Pam J. moves to accept the 02/25/2022_minutes with no corrections.

Second: Chris M.

Roll call vote:

- Robert Taylor (Yes)
- Pam Jensen (Yes)
- Chris Miller (Yes)

Motion PASSED

3. Update on January Action Items (Robert):

- a. **ACTION: Sedona will change the agenda item to remove Humboldt from the Recruiting SDAC Vacant Positions agenda item.**
 - i. Done
- b. **ACTION: Julie will provide Sheila a job description of what they are looking for in the co-trainers being recruited.**
 - i. Done
- c. **ACTION: Sheila will email Valerie the COVID-19 protocol for visitors to RCRC offices.**
 - i. Done
- d. **ACTION: Sedona will add "Statewide SDAC Report" by Robert to the next agenda for 20 minutes.**
 - i. Done
- e. **ACTION: Sedona to change the agenda item to "IF Updates" for future agendas and add Julie to the Owner column.**
 - i. Done
- f. **ACTION: Sedona to add "Ad Hoc Committee: SDP Survey Update" to the next agenda for 15 minutes.**
 - i. Done

4. Participant and Family Sharing – What's Working and What's Not Working (Community):

Valerie commended Claudia Gomez and Sheila for assisting her and her SDP partner in transiting from their previous FMS to their current FMS in mid-Spending Plan. It was not easy but they managed to get everything done one hour before the deadline with their help. It was a great team effort and she wanted to celebrate that with the group.

5. Ad Hoc Committee: SDP Survey Update (Pam):

Pam shared they had 3 meetings and they decided to start by asking people about the Five Principles of Self-Determination. Kari indicated that one of her clients had shared she was having trouble identifying the difference between budget funds and spending plan funds. The team discussed revising wording on item 2: Authority regarding the participant having control over their SD budget for services. Pam explained that these surveys should be available by mail or personal interview. Pam thinks the committee members should contact the participants directly to take these surveys, but due to confidentiality that is not an option. Julie suggested offering the participants the option to request an interview. Sheila would be happy to create and send out a flyer advising of the option of the survey. Chris offered to do the interviews as requested.

- a. **ACTION: Ad Hoc Committee will meet again and revise item 2: Authority of the SDP Survey and review with the SDAC at the next meeting.**
- b. **ACTION: Sedona will send out the two drafts from the Ad Hoc Committee for review and input and keep on the agenda for the next SDAC meeting.**

6. Recruiting for Del Norte and FRC SDAC Vacant Positions (Sheila): An application was sent to a person in Del Norte and hope to have them at the next meeting. We are still working on someone for the FRC position.
7. DDS Funding to Support Implementation of SDP: Request for Proposal (RFP) Update (Sheila): HCAR is working to make good use of that first allocation of funds to help people entering SDP. Sheila said she is waiting for her counterpart in Eureka to start at the end of the month to work on the next RFP. Chris (HCAR) shared that he has written and signed his first contract to work on recruitment efforts for IFs. He is reaching out to individuals for informal discussions and has been getting some interested responses. For this first round, it is Humboldt County specific. He also shared he has someone who will help with Spanish translation to help him when meeting with people.
 - a. **ACTION: Sedona will change the minutes allowed for the SDP RFP agenda item to 10 minutes.**
8. State Council Report (Julie): Roshan Ashford is the new SCDD appointed SDAC committee member. Julie deferred to Joe to discuss more. The most recent draft of the orientation is with DDS for review. They are hiring 18 co-trainers. They are working on updating their homepage on their website. DDS announces they had two updates to the FAQs this week involved conservators and power of attorneys being paid, as well as how the Spending Plan is certified. DDS also released further guidance on HCBS assessment. Sheila also shared that you can sign up to receive those updates by email in real time at <https://www.dds.ca.gov/initiatives/sdp/implementation-updates/>. On this page it will then say if you want to be notified of updates to email sdp@dds.ca.gov.
 - a. **ACTION: Sedona will add Roshan Ashford to the SDAC Roster and send the revised Roster to the SDAC.**
9. Statewide SDAC Report (Robert): The Statewide SDAC meeting was February 15th. You can go to www.scdd.ca.gov/ssdac to get the minutes from the meeting. There was a request to meet more than twice a year and DDS is allocating more funding which will make this possible. Katie Hornberger, acting Self-Determination Ombudsman, shared that her goal is to increase the number of SDP participants and reduce the enrollment time. The Committee discussed their top 3-5 priority goals related to SDP.
10. DDS/RCRC Update on SDP Participation Transition (Sheila): Two more have watched the orientation and are interested, one person is on the verge of being enrolled by May 1st. Another selected participant has disenrolled as it wasn't useful to her. The person that was planning to enroll on March 1st has enrolled.
11. Independent Facilitators Updates (Sheila/Julie): Julie shared that the IF Roundtables that her department has been hosting have been going well for people to share ideas and talk about challenges. Sheila joins those meetings, as requested to help clarify things. Julie has recruited a few more to join the meetings. Valerie attends the

meetings and enjoys them very much due to the community and comradery they have. Kari has also appreciated these meetings and appreciates having the option. Sherry also thinks they are very helpful. Sheila shared that a pending IF has worked at multiple RCs and it will be nice to have them start with RCRC. There is another person, who is bilingual Spanish, that has had some life changes that may allow for her to join as an IF as well. Chris is meeting with someone next week that he is going to suggest being an IF. Valerie shared the next meeting is March 21st at 10:00 a.m. and even if people are just thinking about it they can come.

12. Self-Determination Conversations Update (Sheila): The next meeting is April 8th at 3:00pm; all are welcome.

- a. **ACTION: Sheila will email the committee the current Self-Determination Conversations flyer.**

13. Resource Sharing/Community Input (Community):

- a. Sheila shared that an FMS from San Gabriel Pomona RC is vended with RCRC and will be able to start working for RCRC participants soon.
- b. Julie shared that SCDD is awarding a regional grant of up to \$20,000 for an organization with strong ties with the tribal communities doing education and advocacy. You can view this information at <https://scdd.ca.gov/grantinformation/>.
 - i. **ACTION: Julie will forward grant information for tribal advocacy to Valerie.**
- c. Sheila announced that RCRC in all four counties has an abundance of PPE available to anyone who needs some. If anyone knows anyone who needs some please contact your local RCRC office.
- d. Robert shared that Moderna booster shots are becoming available.
- e. Barbara from CBEM asked for best way to inform clients of SDP and possibly getting started. Sheila suggested to loop the Service Coordinator in but she can also email the SDP Orientation link for viewing, as well as looking at the DDS website at www.dds.ca.gov/initiatives/sdp/. Chris also volunteered to talk to interested persons and gave his email cmiller@hcarcenter.org. Julie gave her email as well at julie.eby-mckenzie@scdd.ca.gov.
 - i. **ACTION: Sheila will send the SDP Orientation link to Barbara.**

14. Meeting Recap (Action Items below):

- a. **ACTION: Ad Hoc Committee will meet again and revise item 2: Authority of the SDP Survey and review with the SDAC at the next meeting.**
- b. **ACTION: Sedona will send out the two drafts from the Ad Hoc Committee for review and input and keep on the agenda for the next SDAC meeting.**
- c. **ACTION: Sedona will change the minutes allowed for the SDP RFP agenda item to 10 minutes.**
- d. **ACTION: Sedona will add Roshan Ashford to the SDAC Roster and send the revised Roster to the SDAC.**

- e. **ACTION:** Sheila will email the committee the current Self-Determination Conversations flyer.
- f. **ACTION:** Julie will forward grant information for tribal advocacy to Valerie.
- g. **ACTION:** Sheila will send the SDP Orientation link to Barbara.

15. Adjourn the meeting (Robert): Meeting was adjourned at 11:56 a.m.

The next meeting is set for April 15, 2022.

SDAC Mtg Minutes_2022-03-18

Prepared by: S. Bowser (03/18/2022)