



# Redwood Coast Regional Center

Respecting Choice in the Redwood Community

## **Redwood Coast Regional Center Redwood Coast Developmental Services Corporation Board of Directors' 2023 Training Plan**

Redwood Coast Regional Center (RCRC) represents more than 4,100 people with intellectual and developmental disabilities and their families, in the diverse counties of Del Norte, Humboldt, Lake and Mendocino Counties.

As stated in our past Training Plans, RCRC is committed to "Respecting Choice in the Redwood Community," specifically to creating communities where:

- The individuals they serve live, learn, work, travel and play in inclusive environments;
- Individuals and families are strong and healthy, physically and emotionally;
- Systems for services and supports are determined by the individual; and
- People are empowered to communicate their own minds and hearts in determining services.

RCRC also strives to create an organization that is:

- Committed to excellence;
- A joyful and supportive environment;
- Accessible, knowledgeable, accountable, and accomplishes tasks in a timely, effective manner, and offers and receives formal and informal feedback;
- Founded on collaboration, respect, support, honor and value between all members of the community; and
- Focused on a teaching relationship rather than a caregiver, in an environment where individuals and community satisfaction are the standards by which all services are measured.

The Redwood Coast Developmental Services Corporation (RCDSC) Board of Directors' is committed to providing strong representation and leadership for our communities and is committed to upholding our responsibilities and maintaining good stewardship to people served by Redwood Coast Regional Center and for the people of the State of California. As such, the RCRC Board of Directors recognizes that training, growth and development are key.

Following The Lanterman Act 4622(g), Redwood Coast Regional Center shall act in compliance with the following:



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- (1) The regional center shall provide necessary training and support to these board members to facilitate their understanding and participation, including issues relating to linguistic and cultural competency.
- (2) As part of its monitoring responsibility, the department shall review and approve the method by which training and support are provided to board members to ensure maximum understanding and participation by board members.
- (3) Each regional center shall post on its internet website information regarding the training and support provided to board members.

In addition, the following board training requirements were agreed to in the 2022-2023 Regional Center Contract, Article VII, Section 11:

- a. Contractor shall submit to the State by December 15 of each year, a proposed comprehensive board of directors' training plan for the next calendar year. At minimum, training topics shall include a review of board governance (e.g., board members' role and responsibilities), conflict of interest and whistleblower policies, and linguistic and cultural competency.
- b. The training plan shall detail training topics, including: Frequency, length of each training session and, if known, the name, affiliation, and qualifications of the individual or entity who will provide training to the board:
- c. Contractor shall post on its website information regarding the training and support provided to board members pursuant to W & I Code section 4266(g), to include the annual board of director's training plan and schedule.
- d. Contractor shall submit to the State by December 15 of each year, a report on the actual trainings provided to its board of directors in that calendar year, to include the information specified in subsections (b)(c).

## Proposed Training Scheduled for CY 2023:

- **Wednesday, February 8, 2023: Board Governance:** Roles and Responsibilities of Board Members to be presented by Ami Sullivan of Kinetic Flow
- **Wednesday, April 12, 2023: Conflict of Interest** Training to be presented by Ursula Bischoff Consulting (to be confirmed)
- **Saturday, May 20, 2023: Whistleblower Policy** to be presented by N. Haydon, RCRC Director of Human Resources
- **Saturday, September 16, 2023: Diversity, Linguistic and Cultural Competency** to be presented by Mariana Molina-Nava
- **Wednesday, October 11, 2023: Board of Directors' Facilitator's Training** to be presented by SCDD (to be confirmed)

Anticipated duration: Each training is approximately 1 to 1.5 hours



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## Trainings Provided CY 2022:

- **February 9, 2022: Conflict of Interest Training** presented by Ursula Bischoff Consulting (1 hour training)
- **April 13, 2022: Board Governance: Roles and Responsibilities of a Board Member** presented by Ami Sullivan, Kinetic Flow (1 hour training)
- **May 14, 2022: Understanding Regional Center Spending** presented by Amy Westling, ARCA (1.5 hour training)
- **September 29, 2022: Board of Directors' Facilitator's Training** presented by Julie Eby-McKenzie, North Coast Office Manager of State Council on Developmental Disabilities and Dr. Jacinthe Roy, RCRC Director of Clinical Services.
- **October 12, 2022: Diversity, Linguistic and Cultural Competency** presented by Mariana Molina0-Nava, RCRC Diversity Outreach Specialist (1 hour training)

The Whistleblower Training that was scheduled for August 2022 did not go forward as planned and has been rescheduled for the 2023 Annual Board meeting that will be held on May 20, 2023.

PowerPoint presentations for each training provided in 2022 are included with this report and have been posted to RCRC's website at <https://redwoodcoastrc.org/about-us/board-of-directors/>

Redwood Coast Regional Center is hereby submitting to the Department of Developmental Services (DDS) the Board of Directors' Training Plan for CY 2023.

Respectfully submitted by:

Mike Sawyer  
RCDSC Board President

Kimberly Smalley, PhD, BCBA-D  
RCRC Executive Director