# Self-Determination Local Advisory Committee Meeting Minutes Friday, July 21, 2023 10:00 a.m. to 12:00 Noon

Recorder: Sedona B. In-Person and Zoom Meeting

#### **Present:**

<u>COMMITTEE MEMBERS (\*=Appointed By):</u> Frank Van Curen (SCDD\*), Pam Jensen (SCDD\*), Robert Miland Taylor (RCRC\*), Chris Miller (RCRC\*), Roshan Ashford (SCDD\*), Clifford Black (OCRA)

REPRESENTATIVES TO THE COMMITTEE: Sheila Keys (RCRC), Alex Chesstell (RCRC), Sedona Bowser (RCRC), Julie Eby-McKenzie (SCDD)

<u>COMMUNITY MEMBERS:</u> Deborah Wyman (Community), Jaclyn Balanay (DDS), Lynn McIvor (Community), Rilee Rilolo (Community), Sherrie Erickson (Community)

### **Absent Committee Members:**

### **Common Abbreviations:**

CRA (Client Rights Advocate), DDS (Department of Developmental Services), DVU (Disability Voices United), FMS (Financial Management Services), FRC (Family Resource Center), IF (Independent Facilitator), PDS (Participant Directed Services), PCM (Participant Choice Manager), PCT (Person Centered Training), RC (Regional Center), RCRC (Redwood Coast Regional Center), SC (Service Coordinator), SCDD (State Council on Developmental Disabilities), SDAC (Self-Determination Advisory Committee), SDP (Self-Determination Program), SSDAC (Statewide Self-Determination Advisory Committee)

#### Minutes:

- 1. Welcome, Introductions, Roll Call, and Select a Timekeeper (Frank):
  - a. Sedona identified all who are in attendance.
  - b. Roll call was taken and a quorum was <u>present</u>.
  - c. Pam J. was selected as Timekeeper.
- 2. Review, Discussion and Approval of 05/19/2023 Minutes (Frank):

Motion: Pam J. moves to accept the 05/19/2023 minutes as is.

Second: Clifford B.

Roll call vote:

Frank Van Curen (Yes)

Robert Taylor (Yes)

Roshan Ashford (Yes)

Pam Jensen (Yes)

Chris Miller (Yes)

Clifford Black (Yes)

Motion PASSED

3. Review, Discussion and Approval of 06/16/2023 Minutes (Frank):

Motion: Frank VC. moves to accept the 06/16/2023 minutes as is.

Second: Clifford B.

Roll call vote:

Frank Van Curen (Yes) Pam Jensen (Abstain)
Robert Taylor (Abstain) Chris Miller (Yes)
Roshan Ashford (Abstain) Clifford Black (Yes)

**Motion PASSED** 

- 4. <u>Update on June Action Items (Frank)</u>: Review of action items will carry over to the next meeting agenda as there was no quorum for a vote.
  - a. FEBRUARY ACTION: Barbara will email the committee some plain language directions for accessing the SDP surveys online using the QR code and link, and include a PDF of the survey. She will also include a draft flyer with this information.
    - i. Pam spoke with Barbara but it is still not complete and move to remove this action item.
  - b. FEBRUARY ACTION: Sheila and Alex will draft an email to DDS with the spending priorities to the transition fund and send it to the members of the committee before sending to DDS.
    - i. Sheila and Alex are still working on this. Action item to carry over to the next month.
  - c. APRIL ACTION: Pam will talk to Barbara to find out if there is a way to amend the confidential online survey to identify information to send a gift card.
    - i. Pam spoke with Barbara but it is still not complete and move to remove this action item.
  - d. MAY ACTION: Adhoc committee will let Sheila know who they have already done surveys with.
    - i. Done.
  - e. JUNE ACTION: Sedona will remove\_"Statewide SDAC June Meeting Report" from the next agenda.
    - i. Done
  - f. JUNE ACTION: Sedona to add "Review of Bagley Keene Meeting Rules" to the next agenda, led by Julie EM, for 10 minutes.
    - i. Done
- 5. Participant and Family Sharing What's Working and What's Not Working (Community):
  - a. Lynn shared that getting anything done is taking a long time, there is a lack of local facilitators, and there are problems with the oversight of fiscal management agencies and being held accountable. Lynn talks with a lot of other families and they are scared that they won't get their needs met. Alex referred Lynn to Annie Bone, IDEA Specialist. Lynn suggested a liaison for people to get started to SDP and physical access to assistance, a location for people to go for help. Julie shared that these issues are statewide and being discussed. Lynn suggested developing a parent and individual group to meet and work on these issues because the families she has spoken with are ready to do the work. Julie provided her email so Lynn could talk with her directly. Disability Voices United is a collaboration of parents and self-advocates. More information can be found at

https://disabilityvoicesunited.org/. Alex shared a book called "Think Outside the Box" published by Disability Voices United. Lynn said this book is a great instruction book. Lynn shared that LM can't access his funds to pay his new employee until the person is onboarded, but it's taking way too long.

- i. ACTION: Lynn will contact the Board of Directors to work on forming a parent and families' collaborative group.
- b. Robert recommends members attend the Board of Directors meetings. He agrees that family advocates be involved and that copies of "Think Outside the Box" are available to families.
- c. Sherry shared that Cambrian, the new FMS, was able to onboard someone within 30 days. She also shared other FMS's have dropped employees without asking the client. She has an FMS saying they can't pay mileage for staff to get to the participant's home due to IRS not paying mileage from home to work place. Lynn confirmed that mileage is only paid once an individual is in the vehicle. Sheila suggests adding hours or increasing rates to cover the mileage.
- 6. Review of Bagley-Keene Meeting Rules (Julie EM):
  - a. Sheila shared the new DDS Directive that was issued July 20<sup>th</sup> to replace the Bagley-Keene rules for SDAC. The most obvious change is that SDAC meetings are no longer required to have a committee member in a shared physical location and all participants and committee members have the option to attend remotely.
    - i. ACTION: Sedona will post the DDS directive regarding meeting rules to the RCRC Self-Determination website with the minutes.
    - ii. ACTION: Sedona will mail the DDS directive regarding meeting rules to selected SDAC members.
- 7. <u>State Council Report (Julie)</u>: Julie shared there has not been a statewide meeting since last month. We are still doing orientations but unsure if we will be continuing to do them after the contract expires. They are actively trying to address FMS problems, the additional fees that have been added, and various ways to make this program work better for participants. Julie encourages everyone to share issues and suggestions with her as they are always working on ways to make things better.
- 8. Adhoc Committee: SDP Survey Update (Pam): The electronic survey is at a stand-still so we are just moving forward with the paper surveys. Sheila discovered that if we give \$25 gift cards instead of \$20 we pay less to the financing companies and more to the participants, so Pam is recommending we purchase \$25 cards instead.

<u>Motion</u>: Pam J. moves that we increase the stipend for gift cards to \$25 for completing the survey.

Second: Frank VC.

Roll call vote:

Frank Van Curen (Yes)

Robert Taylor (Yes)

Roshan Ashford (Yes)

Pam Jensen (Yes)

Chris Miller (Yes)

Clifford Black (Yes)

**Motion PASSED** 

- a. ACTION: Sheila will send out SDP Survey notices again to those who have not already responded.
- 9. Recruiting for Del Norte and FRC SDAC Vacant Positions (Sheila/Alex): There was nothing new to report. There is one vacancy in Del Norte and one vacancy for a FRC member (Julie is working on this). We are frequently requesting suggestions but have had no interest. The RCRC recruitment flyer was updated in November 2022.
- 10. DDS Funding to Support Implementation of SDP Update (Sheila/Alex): HCAR has done a lot of work purchasing "Thinking Outside the Box" and are available by request. They have been providing a bunch of training. Chris added they are looking for facilitators that speak Spanish so they can make better outreach efforts. In the meantime they are printing orientation materials in Spanish. Sheila inquired with the committee about using funds to help onboard develop local FMS options, such as start-up funds for FMS agencies. The committee is interested and Sheila will present something more detailed at a future meeting.
  - a. ACTION: Sedona will add "Start-Up Funding for IF/FMS Agencies" to the next agenda to be owned by Sheila for 10 minutes.
- 11. <u>Update on SDP Participant Transition, Status of Independent Facilitators and FMSs, and Report on Self-Determination Conversations Meetings (Sheila/Alex)</u>: **Updates from previous month are in bold.** 
  - a. Orientations update:
    - i. There are no new views of the RCRC recorded orientation. The orientation is available at <a href="https://scdd.ca.gov/sdp-orientation/">https://scdd.ca.gov/sdp-orientation/</a>. There are 2 new people reported attending the SCDD orientation.
  - b. Enrollments update:
    - i. New enrollments: Del Norte 0, Humboldt 0, Lake 1, Mendocino 0
    - ii. Total Enrolled 42
      - 1. County: 1 Del Norte, 9 Humboldt, 6 Lake, 26 Mendocino.
      - 2. Age: **41 Adults,** 1 Children (Mendocino)
      - 3. Primary Language: 0 Spanish (Mendocino), 40 English, 1 Korean
      - 4. Ethnicity: 2 Spanish/Latinx, **2 Indigenous**, 1 Multi-cultural, 35 White, 1 Korean
      - 5. Total on SD Waiver: 31
    - iii. Enrolled since 7/1/21: **11 people**, average time from orientation to enrollment is 7 months, over the most recent two enrollments were under 5 months.
    - iv. Expected enrollments next month: 0 Humboldt, 1 Mendocino, 0 Lake, 0Del Norte
    - v. Actively Planning: **1 Del Norte, 3 Humboldt, 6 Mendocino, 1 Lake** (most are on wait lists for an FMS or working on their plans)

- c. Independent Facilitator Update:
  - i. Two IFs no longer provide services.
  - ii. One agency is planning to begin provide services for people who speak Spanish.
  - iii. Julie hosts a regular IF meeting once a month and all active IFs are welcome to attend. Email Julie for information at Julie.eby-mckenzie@scdd.ca.gov.

## d. FMS Update:

- i. As of 7/1/23, Cambrian FMS is supporting one RCRC participant and will be onboarding others, including one new enrollee.
- ii. RCRC has requested courtesy use of a new FMS, FMS Pay, LLC based in San Deigo. FMS Pay is only providing services in the billpayer model but offers payments via check and credit card when needed.
- iii. Two local providers are exploring the possibility of providing FMS services for RCRC.
- e. SD Conversations Meetings: The next meeting is scheduled for 07/28/23 at 3pm.
- f. Service Coordinator Support/Training: Sheila and Alex have been providing ongoing support as needed to SC for budget calculation, spending plans and working with FMSs and IFS. We have joined meetings with participants and potential participants at the request of the person or SC team to provide information and guidance related to SD.
  - Monthly SC Training: Monthly meetings have been halted for the remainder of the year as we focus more on monthly Person Centered Thinking Trainings.
  - ii. Monthly SC Roundtable: On 07/10/23 we reviewed FMS rate changes,
     FMS issues/concerns and internal process/protocol updates. We
     continued work updating the SD process manual for SCs.
  - iii. As provided support to participants, IFs, SCs and fiscal staff will start using the new Spending Plan format now required by Aveanna.
- 12. <u>DDS Directives (Sheila/Alex)</u>: DDS, ACRC, SARC & RCRC met on 05/22/23. DDS continues focusing on enhancing FMS services and capacity, developing standards and certification for FMS and IF providers, developing data collection tool to track enrollment timelines and creating targets and benchmarks for RCs. The DDS directive on 06/30/23 about the final extension of the Initial Person-Centered Plan and Pre-Enrollment Transition Supports through 12/31/23 for up to \$2500 for PCP. As of 01/01/24 will go back to \$1500.

## 13. <u>Initial Person-Centered Planning and Transition Services (Sheila/Alex)</u>:

- a. General Self-Directed Transition Support service providers:
  - i. Two providers are currently available to provide SD transition support services.

- ii. We have identified a concern with the rate set by DDS which we are now working to resolve. The rate does not allow for adequate reimbursement for mileage to cover our rural geography. We are seeking an exception to cover that additional expense.
- b. FMS Transition Support Service providers:
  - i. RCRC requested courtesy use of FMS Pay, LLC 099 service from SDRC.

# 14. Resource Sharing/Community Input (Community):

- a. Robert shared Kendra Suenram Wiegand is a new committee member on the Board of Directors, an appointee from Lake County. She is a good advocate for SD.
- b. Sheila shared two disability pride events: Ukiah at Todd Grove Park from 10:00 a.m. to 12:00 p.m. and Eureka at Synapsis from 2:00 p.m. to 5:00 p.m.
- c. Frank shared he is participating in a soccer game on July 26<sup>th</sup> at the Dane Gray Field in Ft. Bragg.
- d. Ron Lee is the new Emergency Management Coordinator. Fred has gone back to teaching.
- e. Chris shared that he is becoming the new Director of Respite Services on August 1<sup>st</sup>, which may change some of his availability.

# 15. Add/Remove Agenda Items for Next Meeting (Committee):

- a. ACTION: Sedona will remove "Review of Bagley-Keene Meeting Rules" from the next agenda.
- b. ACTION: Sedona will add "Start-Up Funding for IF/FMS Agencies" to the next agenda to be owned by Sheila for 10 minutes.

## 16. Meeting Recap (Action Items below):

- a. FEBRUARY ACTION: Sheila and Alex will draft an email to DDS with the spending priorities to the transition fund and send it to the members of the committee before sending to DDS.
- b. ACTION: Lynn will contact the Board of Directors to work on forming a parent and families' collaborative group.
- c. ACTION: Sedona will post the DDS directive regarding meeting rules to the RCRC Self-Determination website with the minutes.
- d. ACTION: Sedona will mail the DDS directive regarding meeting rules to selected SDAC members.
- e. ACTION: Sheila will send out SDP Survey notices again to those who have not already responded.
- f. ACTION: Sedona will add "Start-Up Funding for IF/FMS Agencies" to the next agenda to be owned by Sheila for 10 minutes.
- 17. Adjourn the meeting (Frank): Meeting was adjourned at 11:53 a.m.