

**Self-Determination Local Advisory Committee**  
**Meeting Minutes**  
**Friday, September 15, 2023**  
**10:00 a.m. to 12:00 Noon**

Recorder: Sedona B.

In-Person and Zoom Meeting

**Present:**

**COMMITTEE MEMBERS (\*=Appointed By):** Frank Van Curen (SCDD\*), Chris Miller (RCRC\*), Crysalynd Miranda (OCRA)

**REPRESENTATIVES TO THE COMMITTEE:** Sheila Keys (RCRC), Alex Chesstell (RCRC), Sedona Bowser (RCRC), Mary Block (RCRC), Denise Gorny (SCDD), Jaclyn Balanay (DDS)

**COMMUNITY MEMBERS:** Jane Sakurai (Community), Jessica Mercado (Community), Sherry Erickson (Community)

**Absent Committee Members:** Pam Jensen (SCDD\*), Robert Miland Taylor (RCRC\*), Roshan Ashford (SCDD\*), Chris Clifford Black (OCRA)

**Common Abbreviations:**

**CRA** (Client Rights Advocate), **DDS** (Department of Developmental Services), **DVU** (Disability Voices United), **FMS** (Financial Management Services), **FRC** (Family Resource Center), **IF** (Independent Facilitator), **PDS** (Participant Directed Services), **PCM** (Participant Choice Manager), **PCT** (Person Centered Training), **RC** (Regional Center), **RCRC** (Redwood Coast Regional Center), **SC** (Service Coordinator), **SCDD** (State Council on Developmental Disabilities), **SDAC** (Self-Determination Advisory Committee), **SDP** (Self-Determination Program), **SSDAC** (Statewide Self-Determination Advisory Committee)

**Minutes:**

1. **Welcome, Introductions, Roll Call, and Select a Timekeeper (Frank):**
  - a. Sedona identified all who are in attendance.
  - b. Roll call was taken and a quorum was **not present**.
  - c. No Timekeeper was selected.
  
2. **Review, Discussion and Approval of 08/18/2022 Minutes (Frank):** **No quorum so review and approval of previous minutes forwarded to the next meeting.**
  
3. **Update on August Action Items (Frank):**
  - a. **ACTION:** **Sheila will email the SDAC committee members the draft letter to DDS regarding spending fund priorities to for further review and the committee will vote on approval at the next meeting.**
    - i. Done. Review of action items will carry over to the next meeting agenda as there was no quorum for a vote.
    - ii. **ACTION:** **Sedona will add the draft letter for DDS spending fund priorities to next month's meeting packet.**

4. Participant and Family Sharing – What’s Working and What’s Not Working (Community): No contributions at this time.
5. State Council Report (Julie): No report.
6. Adhoc Committee: SDP Survey Update (Pam): No report.
7. Recruiting for Del Norte and FRC SDAC Vacant Positions (Sheila/Alex): There was nothing new to report. There is one vacancy in Del Norte and one vacancy for a FRC member (Julie is working on this). We are frequently requesting suggestions but have had no interest. The RCRC recruitment flyer was updated in November 2022. **\*Updates were not covered in the meeting as the meeting was ended early.**
8. Start-Up Funding for IF/FMS Agencies (Sheila/Alex): **\*Updates were not covered in the meeting as the meeting was ended early.**
9. DDS Funding to Support Implementation of SDP Update (Sheila/Alex): Sheila emailed the letter for DDS spending fund priorities to the SDAC team but will hold this for review and approval at the next meeting. There have been a couple of surveys and gift cards will be coming.
10. Update on SDP Participant Transition, Status of Independent Facilitators and FMSs, and Report on Self-Determination Conversations Meetings (Sheila/Alex): **Updates from previous month are in bold. \*Updates were not covered in the meeting as the meeting was ended early.**
  - a. Orientations update:
    - i. There are no new views of the RCRC recorded orientation. The orientation is available at <https://scdd.ca.gov/sdp-orientation/>. There are **three** new people reported attending the SCDD orientation.
  - b. Enrollments update:
    - i. New enrollments: Del Norte - 0, Humboldt - 0, Lake - 0, Mendocino - 0
    - ii. Total Enrolled **44**
      1. County: 1 Del Norte, 9 Humboldt, 6 Lake, **28** Mendocino.
      2. Age: **43** Adults, 1 Children (Mendocino)
      3. Primary Language: 0 Spanish (Mendocino), 40 English, 1 Korean
      4. Ethnicity: 2 Spanish/Latinx, **1** Indigenous, 3 Multi-cultural, **36** White, 1 Korean
      5. Total on SD Waiver: **34 (79%)**
    - iii. Enrolled since 7/1/21: 13 people, average time from orientation to enrollment is 7 months. (3 in 2023, 7 in 2022, 6 in 2021, 9 in 2020)
    - iv. Expected enrollments next month: 0 Humboldt, **0** Mendocino, 0 Lake, 0 Del Norte
    - v. Actively Planning: **3 Del Norte, 2 Humboldt, 7 Mendocino, 2 Lake**

- c. Independent Facilitator Update:
    - i. **There is another new potential IF based in Ukiah willing to start serving one person.**
    - ii. Julie hosts a regular IF meeting once a month and all active IFs are welcome to attend. Email Julie for information at [Julie.eby-mckenzie@scdd.ca.gov](mailto:Julie.eby-mckenzie@scdd.ca.gov).
  - d. FMS Update:
    - i. **As of 9/1/23, Cambrian FMS is supporting 2 RCRC participants, including one new enrollee. Two people are planning to switch to FMS Pay in the next few months. Two people are switching to Ritz FMS in the next few months.**
    - ii. One local provider is exploring the possibility of providing FMS services for RCRC.
    - iii. **Another local person has expressed interest in providing FMS services for RCRC participants.**
  - e. SD Conversations Meetings: **A meeting was held 08/31/23 but no participants attended.**
  - f. Service Coordinator Support/Training: Sheila and Alex have been providing ongoing support as needed to SC for budget calculation, spending plans and working with FMSs and IFS. We have joined meetings with participants and potential participants at the request of the person or SC team to provide information and guidance related to SD.
    - i. There is continued support for participants, IFs, SCs and fiscal staff as they start using the new Spending Plan format now required by Aveanna.
    - ii. Monthly SC Training: Monthly meetings have been halted for the remainder of the year as we focus more on monthly Person Centered Thinking Trainings.
    - iii. Monthly SC Roundtable: On 08/14/23 we reviewed FMS rate changes, FMS issues/concerns and internal process/protocol updates. We continued work updating the SD process manual for SCs.
11. DDS Directives (Sheila/Alex): **DDS, ACRC, SARC & RCRC met did not meet in August. The next scheduled meeting is 09/25/23.**
12. Initial Person-Centered Planning and Transition Services (Sheila/Alex):
- a. General Self-Directed Transition Support service providers: **No further updates.**
  - b. FMS Transition Support Service providers: **No further updates.**

13. Resource Sharing/Community Input (Community):

- a. Jane from Autism Society Los Angeles (ASLA) presented a flyer for a multicultural advanced IF training in English, Spanish and Korean. There will be 8 hours on Lanterman Act and 8 hours on SD legislation, advanced training on budgets and spending plans, and includes one year of training followed by a year of mentorsip. To register go to <https://tinyurl.com/ASLAIF2023Interest> or visit their website at [www.AutismLA.org](http://www.AutismLA.org).
  - i. **ACTION: Jane from ASLA will send Sedona more information regarding the IF training and Sedona will forward to the SDAC team.**
- b. GT is working on training topics for families and Jessica offered herself as a resource.

14. Add/Remove Agenda Items for Next Meeting (Committee): No changes.

15. Meeting Recap (Action Items below):

- a. **ACTION: Sedona will add the draft letter for DDS spending fund priorities to next month's meeting packet.**
- b. **ACTION: Jane from ASLA will send Sedona more information regarding the IF training and Sedona will forward to the SDAC team.**

16. Adjourn the meeting (Frank): Meeting was adjourned at 10:50 a.m.

**The next meeting is set for October 20, 2023.**

*SDAC Mtg Minutes\_2023-09-15*

*Prepared by: S. Bowser (09/15/2023)*