

VOL. 5 ISSUE 3 • MARCH 2024

REDWOOD COAST REGIONAL CENTER

Serving Del Norte, Humboldt, Lake, and Mendocino County

Hello Spring



Canva

A Life of Team Building with Mary Block

INSPIRING WORDS FROM OUR DIRECTOR OF CLIENT SERVICES

What is your position at RCRC?

For the past 16 years, I have been the Director of Client Services for Redwood Coast Regional Center.

What inspired you to get into this field of work?

As far back as I can remember, I have always been part of a team; a gathering of individuals supporting one another and working together for a positive outcome. This started off with being a part of a large family, to working together within various sports teams; and finding a passion within the work

world where people coming together in a person-centered way can make an enormous difference in an individual's life; hence my field of study of Social Work.

My passion for collaborating with individuals with disabilities really deepened when one of my nieces was born with an inoperative non-malignant tumor in her brain. She was loved, and cherished as a part of the family throughout her shortened life even though she could not talk, walk, or provide for any of her own cares. Her epilepsy was relentless on

Continued on next page

Days to Remember

March is
Social Worker Month

March is
Cerebral Palsy Awareness Month

March is
Developmental Disabilities
Awareness Month

March 1st
Employee Appreciation Day
RCRC offices closed at 1pm

March 10th
Daylight Savings

March 17th
St. Patrick's Day

March 19th
World Social Worker Day

March 21st
World Down Syndrome Day

March 26th
Purple Day for Epilepsy

March 31st
Easter





A Life of Team Building

Continued from previous page

... you should never feel like you are on an island by yourself. Teamwork within this organization is one of the main cornerstones that makes RCRC strong.

— Mary Block

her body, but she was a fighter. Up until her death at age 24, my niece remained living at home thanks to the endless support of family and a Medicaid Waiver for persons with intense medical needs. Along her journey of living, she would always smile and laugh, particularly when family and friends were nearby. So, with my niece in mind, if I could make a positive difference in the life of even one individual, that was a career journey worth taking for me!

Tell us about an inspirational experience working with RCRC.

For every employee who is, or has been, a part of the RCRC “family,” my guess is their answer to this question would be the same. . . how do you capture just one of those experiences? It truly is about the individuals and families who have allowed us to be a part of their life, who have opened their door and

hearts to our service coordinators, our nurses, and all the other members of our internal and external teams.

But to answer the question, and as I reflect back on my 16 years with RCRC, some of the moments in time that will always remain vivid in my mind will be those times when one of our clients joined a committee, whether the Self Determination Local Advisory Committee, the Board of Directors, or while attending their own IPP meeting and they went from being apprehensive and uncertain, to embracing their own voice, advocacy, and leadership skills! The pride on their faces is something I will carry with me forever.

What advice would you give to someone starting out in the regional center?

To remember you should never feel like you are on an island by yourself. Teamwork within this organization is one of the main cornerstones that makes RCRC strong. Use that support, ask the questions, and always remember to listen to the voice of others and to the strength of your own voice.

What do you hope to do in the future?

As many of you already know, on April 4, 2024, I will be retiring from Redwood Coast Regional Center and, as such, my journey into the future is yet to be written. However, I look forward to spending more time with my family, including my three

adult kids and their spouses, my four adventurous granddaughters, 92-year-old mother, brothers, and sisters. That crew is spread out from San Diego, Colorado, and Minnesota!

Additionally, and just as importantly, is spending more time with all the friends I have been blessed to have in my life, including high school friends to those friendships I am so fortunate to have here in California. I have played co-ed softball for the past 16 years (Go Rebels!) and I am also part of a wonderful, fun pickleball team. I see all that continuing as its these individuals who make my life richer. I also love hiking, reading, and time in the kitchen. My future may be unscripted at this time, but it sure looks bright!



Mary Block



March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Social Worker Month</i>	<i>Cerebral Palsy Awareness Month</i>	<i>Developmental Disabilities Awareness Month</i>			1 Autism Parent Support Group 10-11am ZOOM <hr/> Employee Appreciation Day RCRC Closed at 1pm	2
3	4	5	6	7 I.D.E.A. Parent Group 5:30-6:30pm 1116 Airport Park Blvd. Ukiah	8	9
10 <i>Daylight Savings</i>	11	12	13 I.D.E.A. Parent Group 5:30-6:30pm 200 Main St. Point Arena	14	15 Round Valley Food Pantry 10-2pm 76300 Grange St. Covelo	16
17 <i>St. Patrick's Day</i>	18	19 Multiplicity Parent Group 3-4:30pm 344 Humboldt Ave. Redway <hr/> <i>World Social Worker Day</i>	20	21 I.D.E.A. Parent Group 6-7pm, 180 3rd St. Lakeport <hr/> Multiplicity Caregivers, 5-6pm 2755 Mission Rancheria Rd. Lakeport <hr/> <i>World Down Syndrome Day</i>	22 Transition Fair 4-6pm 901 Myrtle Ave. Eureka	23
24	25 Multiplicity Parent Support Group 5:30-7:30pm 1236 Airport Park Blvd Ukiah	26 <i>Purple Day for Epilepsy</i>	27 I.D.E.A. Parent Group 6-7pm, 525 2nd St. Eureka <hr/> POS Expenditure Public Meeting 10-11:30am Zoom	28 I.D.E.A. Parent Group 6-7pm 494 Pacific Ave. Crescent City	29	30 Multiplicity Caregivers 1-2:30pm 900 Vance Ave. Samoa <hr/> <i>Cesar Chavez Day</i>
31 <i>Easter</i>						





TCRC

HCBS FINAL RULE - THE ANIMATED SERIES

BY TRI-COUNTIES REGIONAL CENTER AND PUBLIC PIXELS MEDIA

Tri-Counties Regional Center (TCRC), presents an animated series aimed at making the HCBS Final Rule more accessible to service providers, people with developmental disabilities and the community at large.

TCRC partnered with Public Pixels Media and Joe Sichta, an award-winning show runner for some of the most beloved animations including Scooby Doo, Thomas the Tank Engine, and Muppet Babies to create 20 top-quality, animated, five-minute short videos explaining key elements of the Final Rule. There are 10 episodes each for service providers, and for people receiving services. ASL versions are also available for all videos. For additional accessibility, versions in 20 languages are coming soon!

Don't forget to check out the special behind-the-scenes video about the making of this series! To watch all videos, visit Tri-Counties YouTube channel.



youtube.com/@tri-countiesregionalcenter/playlists



**Tri-Counties
Regional Center**

RCRC Newsletter

To include your event in our newsletter, contact rsocial@redwoodcoastrc.org





RCRC Autism Parent Support Group

Join Dr. Wendy White and/or
Jillian Guevara, BCBA

1st Friday of Every Month
10-11am

ZOOM
Meeting ID: 995 2860 5123

- March 1st
- April 5th
- May 3rd
- June 7th
- July 5th
- August 2nd
- September 6th
- October 4th
- November 1st
- December 6th

RCRC Autism Parent Support Group: A safe place to meet others and learn together.

HOSTED BY AUTISM SPECIALISTS DR. WENDY WHITE AND/OR JILLIAN GUEVARA, BCBA

**1st Friday of Every
Month**

10:00-11:00 AM

Zoom

Meeting ID: 995 2860 5123

- January 5th, 2024
- February 2nd, 2024
- March 1st, 2024
- April 5th, 2024
- May 3rd, 2024
- June 7th, 2024
- July 5th, 2024
- August 2nd, 2024
- September 6th, 2024
- October 4th, 2024
- November 1st, 2024
- December 6th, 2024





RCRC Parent Groups

Join Annie Bone I.D.E.A.
Specialist for Parent Group
each month.

Ukiah
RCRC office
1116 Airport Park Blvd.
1st Thursdays
5:30-6:30pm

Point Arena
The Action Network
200 Main St
3/13, 4/10, 5/8, 6/12, 7/10
5:30-6:30pm

Lakeport
RCRC office
180 3rd Street
3rd Thursdays
6-7pm

Eureka
RCRC office
525 2nd Street,
1st floor conference room
4th Wednesdays
6-7pm

Crescent City
Family Resource Center
of the Redwoods
494 Pacific Ave
4th Thursdays
6-7pm

Contact:
Annie Bone
(707)-445-0893
ext. 360

PARENT GROUP

WHEN
1st Thursdays
5:30pm – 6:30pm

WHERE
RCRC Ukiah Office
Entrance located in the rear of the building.
1116 Airport Blvd Ukiah, CA, 95402

MONTHLY EVENT
FREE I.E.P. TRAINING

CONNECT WITH OTHER PARENTS

COMMUNITY SUPPORT

GUEST SPEAKERS

SNACKS

Contact: Annie Bone RCRC's I.D.E.A. Specialist
(707)-445-0893 ext. 360

PARENT GROUP

WHEN
Wednesday - 3/13/2024
Wednesday - 4/10/2024
Wednesday - 5/8/2024
Wednesday - 6/12/2024
Wednesday - 7/10/2024
More to be announced

5:30pm – 6:30pm

WHERE
The Action Network Point Arena
200 Main St Point Arena, CA, 95480


MONTHLY EVENT
FREE I.E.P. TRAINING

OPEN TO ANY AND ALL PARENTS

COMMUNITY SUPPORT

GUEST SPEAKERS

SNACKS



Redwood Coast Regional Center

PARENT GROUP

WHEN
3rd Thursdays
6pm – 7pm

WHERE
RCRC Lakeport Office
180 3rd St. Lakeport, CA, 95450


MONTHLY EVENT
FREE I.E.P. TRAINING

CONNECT WITH OTHER PARENTS

FIND COMMUNITY SUPPORT

GUEST SPEAKERS

SNACKS



Redwood Coast Regional Center

PARENT GROUP

WHEN
4th Wednesdays
6pm – 7pm

WHERE
RCRC First Floor Conference Room in the Vance Hotel
525 2nd St. Eureka, CA, 95501


MONTHLY EVENT
FREE I.E.P. TRAINING

CONNECT WITH OTHER PARENTS

COMMUNITY SUPPORT

GUEST SPEAKERS

SNACKS



Redwood Coast Regional Center

PARENT GROUP

WHEN
4th Thursdays
6pm – 7pm

WHERE
Family Resource Center of the Redwoods
989 Pacific Ave. Crescent City CA, 95531


MONTHLY EVENT
FREE I.E.P. TRAINING

CONNECT WITH OTHER PARENTS

COMMUNITY SUPPORT

GUEST SPEAKERS

SNACKS



Redwood Coast Regional Center

RCRC Newsletter

To include your event in our newsletter, contact rsocial@redwoodcoastrc.org





Round Valley Food Pantry

March 15th, 2024
10am-2pm

76300 Grange Street
Covelo

Contact: (707) 983-6262



The Round Valley Food Pantry

WINTER 2024

Schedule - 10 AM-2 PM

- * JANUARY 19TH
- * FEBRUARY 16TH
- * MARCH 15TH

76300 Grange Street– Covelo, Ca

DRIVE THRU/CURBSIDE SERVICE

We have baby diapers, for families with young children. (Size 3 and 4 only)

Call 983-6262– for more info–RV FRC
(if you have any questions)



RCRC Newsletter

To include your event in our newsletter, contact rsocial@redwoodcoastrc.org



Multiplicity Parent Group

March 19th, 2024
3pm-4:30pm

344 Humboldt Avenue
Redway

Contact: Kathryn
(540) 818-8164

Southern

Parent Group

Multiplicity Therapeutic Services Inc.

3rd Tuesday of
the month

Parents/Caregivers of individuals with developmental disabilities we invite you to join our monthly parent group. This group seeks to foster a community for caregivers of individuals with developmental disabilities to share information, personal stories, and resources in a safe and supportive environment while sharing a meal.



Upcoming events:
March 19th 3:00-4:30pm
April 16th 3:00-4:30pm
May 21st 3:00-4:30pm

Activities
provided
for all ages.



☎ KATHRYN (707) 616-3600 | IAN (540) 818-8164

Where: Southern Humboldt Family Resource Center
344 Humboldt Avenue Redway, Ca

This event is facilitated by:



This event is endorsed by:



RCRC Newsletter

To include your event in our newsletter, contact rsocial@redwoodcoastrc.org





Multiplicity Caregivers Group

March 21st, 2024
5pm-6pm

2755 Mission Rancheria Rd.
Lakeport

Contact: (707) 301-5889

RSVP is required. Limited
availability.

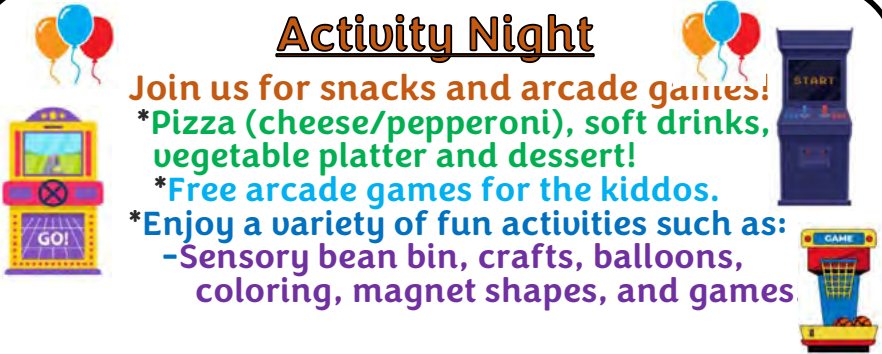
**Multiplicity Therapeutic Services
Lakeport Activity Night
Thursday, March 21st, 2024**

Caregivers and families of individuals with developmental disabilities: Please join our monthly event! This month event is being held at the Fun Zone Arcade!

Activity Night

Join us for snacks and arcade games!

- *Pizza (cheese/pepperoni), soft drinks, vegetable platter and dessert!
- *Free arcade games for the kiddos.
- *Enjoy a variety of fun activities such as:
 - Sensory bean bin, crafts, balloons, coloring, magnet shapes, and games



WHEN: Thursday March 21st from 5-6 pm, Multiplicity Therapeutic Services will provide snacks (pizza, vegetable tray, and dessert) and be supporting various activities.
WHERE: Fun Zone Arcade. 2755 Mission Rancheria Rd, Lakeport, CA 95453
RSVP: RSVP is required. Limited availability.

Text or Call (707) 301-5889
RSVP with the total number of adults and children.



Transition Fair

March 22nd
4pm-6pm

901 Myrtle Ave.
Eureka

Employment Workshop
5pm-7pm

Free with RSVP:

707-445-0893 ext. 364 or
[tinyurl.com/
IncludeEmploymentHum](http://tinyurl.com/IncludeEmploymentHum)

Luck + Preparation

Humboldt County Office of Education

DOR DEPARTMENT of REHABILITATION

Redwood Coast Regional Center

TCIL Tri-County Independent Living

FREE Transition Fair

for Students with Disabilities

Friday, March 22, 2024 • 4-6pm

Sequoia Conference Center • 901 Myrtle Avenue, Eureka

Come learn about: What You Want • College • Providers
Benefits Planning • Activities • Life After High School • Onward!

Resource providers will be on hand • Snacks provided

Questions? Contact Elizabeth Hassler: ehassler@redwoodcoastrc.org or 707-445-0893

Optional Featured Workshop: A Future Including Employment

Presented by Elizabeth Hassler, Redwood Coast Regional Center Client Advocate • 5-7pm • Dinner Provided

- Why is employment important for young adults with disabilities?
- What types of community supports are available?
- What are the strategies for preparing youth for real work?
- How do you work and keep supports you need?
- What's the next step for me?

Workshop is free with RSVP!

707-445-0893 ext. 364
or tinyurl.com/tf-future

Families encouraged to attend with their young people • Professionals working w/ages 13-26 also welcome

RCRC Newsletter

To include your event in our newsletter, contact rsocial@redwoodcoastrc.org





Multiplicity Parent Support Group

March 25th
5:30pm-7:30pm

1236 Airport Park Blvd
Ukiah

Contact: (707) 494-8511

RSVP: Must be received by
March 22.



Mendocino County Parent Support Group

Multiplicity Therapeutic Services March 2024

Families who have a child with a developmental disability:
We invite you to come pick up your FREE meal and check in with us about any other support you are in need of.

The current crisis brings unique challenges for families of special needs children. Along with a free meal, this group will also be focused on what you need, and will include supporting one another, knowing we are not alone, and troubleshooting challenges.

WE ARE ALL IN THIS TOGETHER

When: Monday, March 25th 5:30-7:30 pm

Where: Panda Express

1236 Airport Park Blvd, Ukiah



Please RSVP to Multiplicity Therapeutic Services at 707-494-8511 or email schedule@multiplicityinc.com.

Leave a message, text or send an email with your choice of **3 ENTRÉES AND 2 SIDES.**

OPTIONS ARE: ENTREES:

ORANGE CHICKEN, BROCCOLI BEEF, TERIYAKI CHICKEN, SUPER GREENS

SIDES: CHOW MEIN, FRIED RICE, WHITE RICE

All RSVPs MUST BE RECEIVED BY 3/22/24





Redwood Coast Regional Center
Respecting Choice in the Redwood Community

Redwood Coast Regional Center

will host a Public Meeting on

Wednesday, March 27, 2024

at 10:00 a.m. to 11:30 a.m.

By Zoom Video/Teleconference:

Zoom Meeting ID: 829 3113 1955

Zoom Password: 041814

Dial in: 1 669 900 6833

Please join us on **Thursday, March 27, 2024 at 10:00 a.m.** by Zoom Video/ Teleconference for **open discussions on how Redwood Coast Regional Center (RCRC) utilized Purchase of Service (POS) funds in 2022-2023. RCRC is also seeking public input to help improve services within our communities and reduce observed disparities.** Spanish translation and ASL will be available at the meeting.

RCRC is a non-profit organization and through a contract with the State of California, RCRC provides essential services for individuals with intellectual and developmental disabilities and their families in Del Norte, Humboldt, Lake and Mendocino Counties.

THIS IS A PUBLIC MEETING AND
ANYONE INTERESTED IS WELCOME TO ATTEND.

RCRC Newsletter

To include your event in our newsletter, contact rsocial@redwoodcoastrc.org



Multiplicity Caregiver Support Group

March 30th, 2024

1pm-2:30pm

900 Vance Ave.
Samoa

Contact: (707) 498-0010

Email: kelly@multiplicityinc.com

Redwood Caregiver Support Group Saturday, March 30th, 2024

1:00 – 2:30PM

Parents & caregivers are invited to this monthly support group for a chance to meet other caregivers, connect with support professionals, and enjoy a fun time with their loved ones in a safe & supported environment.

We Will Be Offering:

Trampolines,
bounce house,
basketball and board
games!



We Will Be Meeting At:

Dream Athletics
900 Vance Ave., Samoa, CA 95564

Snacks and Drinks Provided

Please Text or Call Kelly with Multiplicity Therapeutic Services with any questions!

Phone: (707) 498-0010

Email: kelly@multiplicityinc.com





Medical vs. Educational Disability

April 17th, 2024
5:30pm-6:30pm

1116 Airport Park Blvd
Ukiah

Childcare and snacks are provided.

Spanish and ASL interpretation are available.

Space is limited, register at:
<https://mcoe.k12oms.org/1709-246339>

Medical Disability vs. Educational Disability



WHAT

Training on the differences between a medical disability and an educational disability.

WHO

All parents and community members who support individuals with disabilities are welcome to attend.

WHEN

Wednesday, April 17, 2024
5:30 pm - 6:30 pm

Childcare provided. Space is limited (Register early). Snacks will be provided. Spanish and ASL Interpretation are available.

WHERE

Redwood Coast Regional Center (RCRC)
Ukiah Office
1116 Airport Park Blvd., Ukiah



Offered In Collaboration by:



COMING IN APRIL, REGISTER NOW!

RCRC Newsletter

To include your event in our newsletter, contact rsocial@redwoodcoastrc.org





Calling all Entries!

**Do you have a Client focused
story, project or event
you'd like to share in the newsletter?**

We would like to hear from you!
Please submit to Redwood Coast Regional Centers Social Media
Coordinator for review and possible publication at
rsocial@redwoodcoastrc.org

*Note: photos of clients and their families
require a signed photo consent form.*



Redwood Coast Regional Center
Respecting Choice in the Redwood Community

RCRC Newsletter

To include your event in our newsletter, contact rsocial@redwoodcoastrc.org





SCDD and DDS Statewide Self- Determination Orientation

Want to learn more?
Contact your Service
Coordinator at RCRC or a
Participant Choice Manager.

**Participant Choice Managers
Humboldt & Del Norte
Counties:**
Alex Chesstell
707-445-0893, ext. 317
AChesstell
@redwoodcoastrc.org

Mendocino & Lake Counties:
Sheila Keys
707-462-3832, ext. 254
SKeys@redwoodcoastrc.org



STATEWIDE SELF-DETERMINATION ORIENTATION



JOIN US TO LEARN...

- What the SDP* is
- How SDP works
- The Principles of SDP
- Steps to Enroll in SDP
- Key Roles in SDP
- Your Next Steps

* Self-Determination Program

For more Information and Registration
Click the link below:

<https://scdd.ca.gov/sdp-orientation/>



POLI



KATIE



KION

...Are Self-Determined!
**Learn if the Self-Determination Program
is Right for You!**

A CERTIFICATE OF COMPLETION WILL BE PROVIDED.
AN SDP ORIENTATION IS REQUIRED TO ENROLL IN SDP.





Resources From Listos California Emergency Preparedness

Get ready and stay safe!

For more info, visit: listoscalifornia.org

TIPS FOR STORM SEASON SAFETY



FLOODS

- Flash floods can develop very quickly. Be ready to evacuate all people and animals to higher ground if ordered. Have emergency supplies packed in a Go Bag.
- Keep your car gas tank at least half full in case you are asked to evacuate. There may be traffic and delays.
- Never drive around barricades or drive or walk through floodwater. It may be deeper than you think and can sweep you or your car away. Turn around, don't drown!



POWER OUTAGES

- Keep phone batteries fully charged and save your battery power by limiting phone use during an outage.
- Sign up for alerts through your energy company so you can be notified about any energy issues. If you use electric medical and/or assistive devices, be sure to enroll in a medical baseline program to ensure you're safe if the power goes off.
- If your needs cannot be met during a power outage, plan with caregivers for transportation to a location with power.



HIGH WINDS

- Flying debris can be a killer. Stay indoors or in a sheltered location. Avoid driving if possible.
- Secure any loose items outside that could blow away and cause damage or injury.
- Stay away from trees and power lines, and never go near downed power lines. Avoid anything that may be touching a downed line, including tree branches and vehicles.



COLD TEMPERATURES

- Body temperature can drop to unsafe levels in cold temperatures. Stay indoors as much as possible. If you must go outside, dress warmly in insulating layers, gloves, scarves, socks and a hat.
- Heat your home safely. Do not use stoves, camp stoves, generators or gas/charcoal grills for heat inside your home. The fumes are deadly.
- Know where you will go if your home becomes too cold. You could go to a friend's house, community center, shopping mall or public library. Check with county emergency officials about warming centers available near you.



DEEP SNOW

- Heavy snowfall can cause power outages and trap you in your home for days.
- Gather food, water and medicine before a snowstorm.
- If you must travel, let someone know where you are going so they know where to search for you in an emergency.



MUDSLIDES

- Find out if your area is at high risk due to steep slopes and runoff, prior mudflows, floods or burn scars from wildfires.
- Mudslides are dangerous even after the rain has stopped. Use caution and remain vigilant for days after.
- Pay attention to weather reports and evacuate immediately if ordered.

ListosCalifornia.org

RCRC Newsletter

To include your event in our newsletter, contact rsocial@redwoodcoastrc.org



Helpful Resources



RESOURCE PADLET FOR PARENTS

Access a growing library of free resources for parents and caregivers of children ages 0-5

Developed by Redwood Coast Regional Center through the
MHSA "Families and Supports Together" (FAST) Grant.

Look at our Parent Academies!

Covering a variety of topics related to interventions and support for families and children with Developmental Disabilities including evidenced-based video trainings by subject matter experts with accompanying Power Points and flyers available at the click of a button.

For more info. visit: <https://padlet.com/bctservices2/information-and-resources-for-parents-of-children-with-speci-4x94rz0lctzudnae>

Or Scan the QR Code:



Organizations collaborating to develop a transdisciplinary responsive system capable of supporting the mental wellness of all expectant parents, young children and their families within the context of their communities.

For more info visit: www.0to8mhc.org/





Helpful Resources



The DDS Wellness Toolkit is a new section of the DDS website focused on providing information and tools related to health and safety for self-advocates, direct support professionals, and vendors or providers. New topics, tools, and information will be added on an ongoing basis.

For more info. visit:

dds.ca.gov/consumers/wellness-toolkit/



Spreading the Science and Skills of Happiness. Proof Positive is an online source dedicated to improving the wellbeing of autistic people and their families, providers and communities.

For more info. visit: proofpositive.org/



Disability Vote California's mission is to engage and inform voters with disabilities and empower members of the community to facilitate access to voting for the disabled community.

For more info. visit: disabilityvoteca.org/





Contact Us

Learn more about our services and programs.

Redwood Coast Regional Center Offices

CONTACT YOUR NEAREST OFFICE FOR ASSISTANCE

Ukiah Office | Corporate Office

1116 Airport Park Blvd.
Ukiah, CA 95482
Phone: (707) 462-3832
Fax: (707) 462-3314
Mendocino County

Fort Bragg Office

270 Chestnut Street, Suite A
Fort Bragg, CA 95437
Phone: (707) 964-6387
Fax: (707) 964-0226
Mendocino County

Lakeport Office

180 3rd Street
Lakeport, CA 95453
Phone: (707) 262-0470
Fax: (707) 264-6537
Lake County

Clearlake Office

14888 Olympic Dr.
Clearlake, CA 95422
Phone: (707) 621-6169
Fax: (707) 264-6537
Lake County

Eureka Office

525 2nd Street, Suite 300
Eureka, CA 95501
Phone: (707) 445-0893
Fax: (707) 444-3409
Humboldt County

Crescent City Office

1301-A Northcrest Drive
Crescent City, CA 95531
Phone: (707) 464-7488
Fax: (707) 465-4230
Del Norte County

Visit us online

WWW.REDWOODCOASTRC.ORG



[@REDWOODCOASTREGIONALCENTER](https://www.instagram.com/REDWOODCOASTREGIONALCENTER)



[@REDWOODCOASTREGIONALCENTER](https://www.facebook.com/REDWOODCOASTREGIONALCENTER)



[@REDWOODCOASTRC](https://twitter.com/REDWOODCOASTRC)



Redwood Coast Regional Center
Respecting Choice in the Redwood Community

RCRC Newsletter

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