Social Rec 2025 Training for RCRC Service Coordination



- WHY: The importance of Social/Rec
- WHAT: Vendors vs Participant Directed Services
- HOW: POS Guidelines and Process



It is the vision of Redwood Coast Regional Center that all people in our community, including individuals with developmental disabilities, will live, learn, work, travel, and play in the best, most inclusive environments.



The Regulations

Section 4688.22 of Welfare & Institutions Code

"it is the intent of the Legislature for social recreation services, camping services, and nonmedical therapies, be made widely available to individuals, not only for socialization, but to lead the lives they want in the community."

The Intent:

- Prioritize inclusion through recreation
- Make services widely available
- Increase access for children, underserved communities, and those who cannot afford services upfront
- Reduce administrative barriers to the utilization of these services to the fullest possible extent



Why Social Recreation?

Social Recreation is a valuable opportunity for people supported by Regional Center Services to be included in their community.

Part of an inclusive life involves opportunities for building relationships with people in someone's community through shared interests and FUN.

Benefits include

- Social skills development
- Creating natural and diverse circles of friendship and connection
- A sense of belonging in the community
- Improvement of physical and mental health
- Enhanced self-esteem
- Cognitive stimulation
- Opportunities to expand circles of support





What can it look like?

Social Recreation can look very different depending on the activity and the goals of the person receiving support

- It may be a group activity or 1:1
- It could be focused on developing skills. Those could be skills related to the activity, social skills, or other skills the person has identified in their IPP

Remember! Even individual activities build community networks. From karate, painting, biking, learning an instrument, hiking or more! Think about the communities you've built around your own interests and hobbies.

Success Stories...

Swim lessons through HealthSport have been extremely popular. Spanish speaking clients have been connecting really well to the service. As a historically underserved community, access to swim lessons have helped with equity and inclusion.



Success Stories...

A family in a rural community enjoys riding bikes together, however their adult family member who receives RCRC services couldn't participate due to impacts from his disability. RCRC approved a social recreation request and purchased a modified and customized adult tricycle that met his specific physical needs. Now he fully participates in this important family activity in his community.



Success Stories...

DJ RunDat works 1:1 with people in her home to learn how to use DJ equipment and develop their skills specifically so people can go into the community and perform and connect to others. Although her service is provided 1:1, it allows RCRC clients to form broader social networks and meaningful connections within their community. You may have caught one of these budding DJs at a local event last year!



Bodytuners

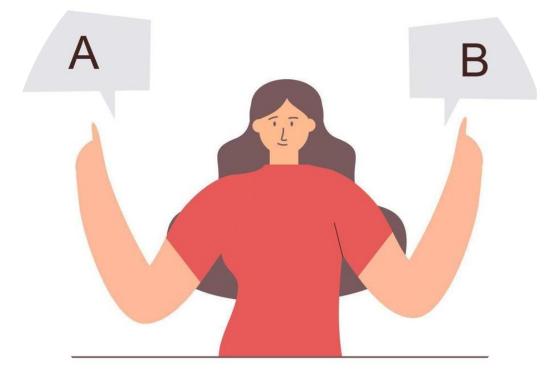




What's the difference between Vendors and Participant Directed Services?

There are two ways that RCRC funds Social Rec services:

- Vendors who bill directly to the Regional Center. They have their own vendor numbers and you write the POS specifically for that vendor
- Participant Directed Services through an FMS allow for any social recreation service to be funded without the vendorization process. You write the POS for the FMS who pays for the service directly.



Vendors

There are already vendors providing social rec services for RCRC clients, although they may be providing services under a variety of service codes.

All have worked with the Community Services Department to complete vendorization, and they use e-billing for payment.

Becoming an RCRC vendor requires paperwork beyond what many small businesses have the interest or capacity to do. It can be a challenge and/or take time to vendor each business one by one, so vendored options are still limited in our area.

HealthSPORT

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THE PRACTICE PAD













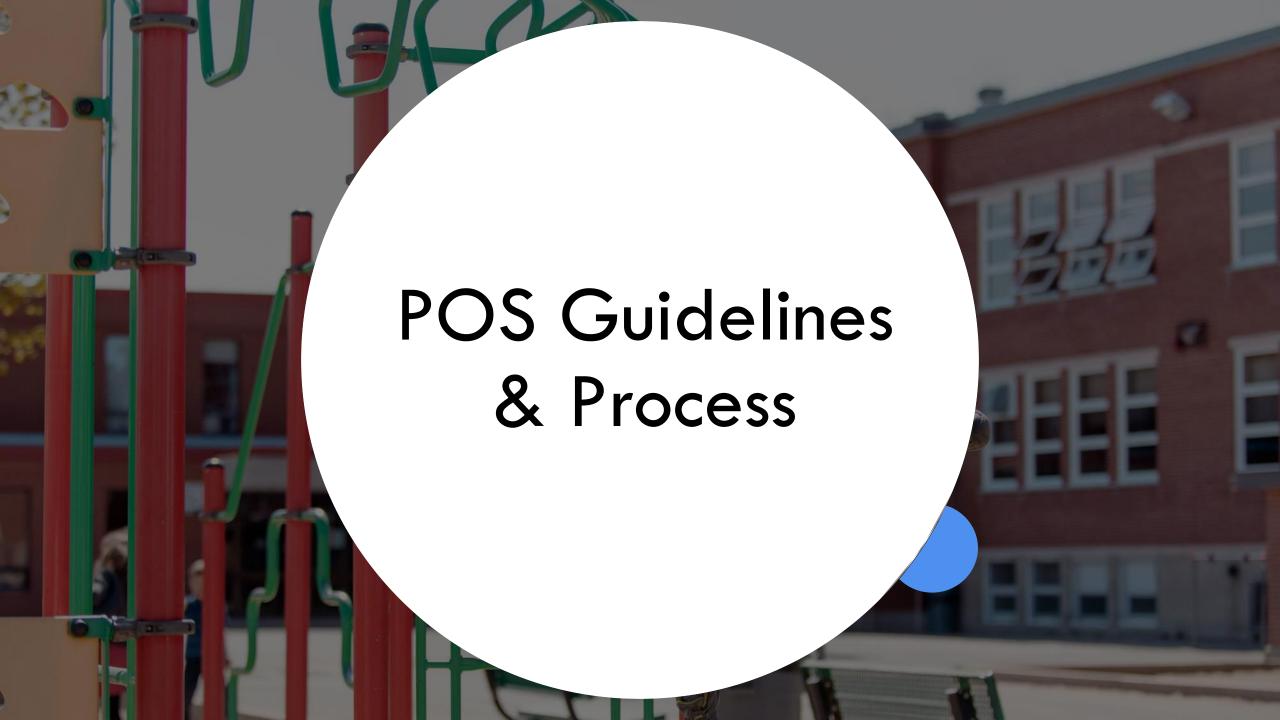
Participant Directed Services (024/459/490)

Participant Directed Services provide an option for people who want to use a service for social/rec that is not vendored.

The POS is written for an FMS vendored for Social/Rec (490).

The Social Rec FMS will pay the provider directly for the services (459). The FMS can also reimburse a family member for a social/rec service or items identified in the IPP using service code 024 with an SRA subcode.







Social/Recreation Services, including Camp services are leisure-time activities designed to promote personal enjoyment, peer interaction, social growth, recreation, and enhancement of daily living skills within the community for children and adults.



Treatments and services secured to:

- Improve and/or maintain and individual's health and/or developmental progress
- Relieve pain
- Develop or restore normal function
- Maintain performance and ability to care for one's self
- Support an individual to accomplish an IPP objective

Typical therapies include, but are not limited to: Art, dance, and music

A provider may conduct assessment and evaluation, followup consultations and treatment, and/or training and instruction

POS Guidelines Key Points

- No financial means test
- No limit on how much social rec can be funded
- Access of generics can't impede or delay RCRC funding

Example: Client wants swim lessons. A program at local pool allows people who meet certain criteria to access for free, but the client won't be able to access swim lessons through that program for 4 months.

RCRC would still write POS for funding while the client or family explores options. If the generic meets need, the next round of lessons would be through the free program, not RCRC funded.

Guidelines

Social and Recreational Services, including camping services and associated travel expenses, and educational services may be provided, arranged, or purchased in accordance with the basic service guidelines as well as the following considerations:

- The requirement to explore natural and generic supports shall not impeded or delay regional center funding.
- Clients and families shall not be subject to any financial means tests
- Non-medical therapy services shall be provided by credentialed and/or licensed individuals as required by the State of CA to practice in the field of therapy being offered
- The service is consistent with the needs, goals, and objectives set forth in the individual's IPP/IFSP.
- The service is provided in the client's home community, and the planning team considers any pertinent transportation requirements

- The planning team will address any special needs or adaptions required by the client
- Every effort shall be made to support the needed access. Clients and families shall not be required to exhaust or exchange any services (eg: IHSS, Respite hours), nor be subject to a co-pay or similar to offset costs
- If setting is intended primarily for people with a developmental disability, service setting must comply with HCBS Final Rule
- The client will not be required to use the least costly provider if it will result in a client receiving more restrictive or less integrated supports.
- A client receiving multiple similar recreational services shall not be considered a duplication of services

The IPP

When writing supporting documentation for social/rec services in the IPP, make sure to include or discuss:

- 1. The different types of social/recreation options the client is interested in
- 2. How the activity will promote personal enjoyment, peer interaction, emotional growth, community inclusion, etc.
- 3. What generic options have or will be explored
- 4. Address a specific goal/objective within the IPP. The goal/objective MUST be more specific than "will engage in social rec activities" (See #2)



Writing the POS: Vendored Services



- Vendored social/rec services have the same POS process as other vendored services.
- Be aware of the type of services being offered. Is it an ongoing service? A limited number of sessions?
- Ensure the start and end dates are accurate for the type and length of service the client will be using.

Writing the POS: Participant Directed Services

An FMS vendored for Social/Rec will directly pay non-vendored services and issue parent/guardian reimbursement for social/rec services and/or items.

There are specific service codes to use for each social/rec authorization:

- 024, Subcode SRA Parent/Guardian Soc/Rec Reimburse(RCPTS)
- 459 PDS Social and Recreation

- Each social/rec service is a separate POS request
- The SC enters the total cost for each request

. <u>⊨</u> Srvc Code	Sub Code	Description	Effective Dates	Cost / Type
024	SRA	PARENT/GUARDIAN SOC/REC REIMBURSE(RCPTS	01/01/2025 To 06/30/2025	.000 Z

	ÆSrvc Code	Sub Code	Description	Effective Dates	Cost / Type
	459	SRA1	PDS - SOCIAL AND RECREATION	01/01/2025 To 06/30/2025	.000 Z
	459	SRA2	PDS - SOCIAL AND RECREATION	01/01/2025 To 06/30/2025	.000 Z
	459	SRA3	PDS - SOCIAL AND RECREATION	01/01/2025 To 06/30/2025	.000 Z
	459	SRA4	PDS - SOCIAL AND RECREATION	01/01/2025 To 06/30/2025	.000 Z
	459	SRA5	PDS - SOCIAL AND RECREATION	01/01/2025 To 06/30/2025	.000 Z
	459	SRA6	PDS - SOCIAL AND RECREATION	01/01/2025 To 06/30/2025	.000 Z

Writing the POS: Participant Directed Services

- Service Code 490 is the monthly fee for the FMS to process payments
 - The rate is based on how many individual Social/Rec authorizations there are
 - The subcode must match the number of services in place each month.
 - If the number of services changes and also impacts the monthly rate, the service coordinator must cancel the existing 490 authorization and submit a new request with the correct subcode with the date of the addition or removal of the 459 or 024 service.

490	1PDS	1 PARTICIPANT DIRECTED SERVICE MONTHLY FE 01/01/2025 To 06/30/2025	45.880 M
490	2-3PD	2-3 PARTICIPANT DIRECTED SERVICES MONTHLY 01/01/2025 To 06/30/2025	71.370 M
490	4+PDS	4+ PARTICIPANT DIRECTED SERVICES MONTHLY 01/01/2025 To 06/30/2025	96.860 M



Questions?