

**Self-Determination Local Advisory Committee**  
**Meeting Minutes**  
**Friday, September 20<sup>th</sup>, 2024**  
**10:00 a.m. to 12:00 Noon**

Recorder: Alex C.

In-Person and Zoom Meeting

**Present:**

**COMMITTEE MEMBERS (\*=Appointed By):** Chris Miller (RCRC\*), Clifford Black (OCRA), Frank Van Curen (SCDD\*), Pam Jensen (SCDD\*)

**REPRESENTATIVES TO THE COMMITTEE:** Sheila Keys (RCRC), Alex Chesstell (RCRC), Maxine Milam (DDS), Denise Gorny (SCDD)

**COMMUNITY MEMBERS:** Sherry Erickson, Sonia Lopez (Translation), Cindy Lemas (parent), Robyn Bajema (CBEM), Elizabeth Hassler (RCRC), Kim Sinclair (Autism Society, LA), Cindy Wilson (parent)

**Absent Committee Members:** Frank Van Curen (SCDD\*), Robert Miland Taylor (RCRC\*)

**Common Abbreviations:**

**CRA** (Client Rights Advocate), **DDS** (Department of Developmental Services), **DVU** (Disability Voices United), **FMS** (Financial Management Services), **FRC** (Family Resource Center), **IF** (Independent Facilitator), **PDS** (Participant Directed Services), **PCM** (Participant Choice Manager), **PCT** (Person Centered Training), **RC** (Regional Center), **RCRC** (Redwood Coast Regional Center), **SC** (Service Coordinator), **SCDD** (State Council on Developmental Disabilities), **SDAC** (Self-Determination Advisory Committee), **SDP** (Self-Determination Program), **SSDAC** (Statewide Self-Determination Advisory Committee)

**Minutes:**

1. **Welcome, Introductions, Roll Call, and Select a Timekeeper (Alex):**
  - a. Attendees introduced themselves and backgrounds
  - b. Roll call was taken and a quorum was present.
  - c. Timekeeper was selected. Cliff identified as time keeper
2. **Review, Discussion and Approval of July 2024 Minutes (Chris):**
  - a. Cliff motioned to accept the minutes. Frank seconded.
  - b. Motion Passes
3. **Update on June Action Items (Pam/Chris):**
  - a. **Action: Website will be updated to reflect new Co-Chairs, Administrative Support, and SDAC recruitment flyer (Continued)**
    - i. Completed
  - b. **ACTION: RCRC follow up on people in planning process to see where people are getting stuck.**

- i. Alex and Sheila followed up. People not going fast, but taking time to get things set up.
  - c. **ACTION: By September outreach will be completed by RCRC to individuals who could take the survey.**
    - i. Alex reached out to people, did not get response or interest.
4. Participant and Family Sharing – What’s Working and What’s Not Working (Community):
- a. Cliff asked about the DDS directive in July and how RCRC is implementing the directions. Alex reviewed the services that are allowed to be paid outside of the SDP budget. Sheila reviewed some of the goods and services that were updated, such as services that were purely entertainment.
  - b. Cindy L. asked about allowing reimbursements for things that are in the plan. She was wondering if there was a specific rule about not allowing reimbursements. She stated that not being able to be reimbursed for things in the plan is “not working”. Sheila said she would investigate the specific language to share.
    - i. She also shared that her daughter’s new plan rolled over on June 1<sup>st</sup>, yet in July the FMS still was not able to pay staff on time, and she had to advocate strongly for getting direct staff paid. She does not feel that a parent or representative need to go through this every year. Said the FMS didn’t seem phased. She shared that RCRC and OCRA did get involved and help. FMS was Aveanna
  - c. Sherry said she had heard that dental care can be paid outside of the budget and was wondering about additional information. It wasn’t clear the specifics of what she had heard. She will get additional info and get back to the committee.
5. State Council Report (Denise on behalf of Julie):
- a. Julie has got more disaster preparedness kits. She is doing trainings
  - b. She was at the State Council meeting in Sacramento this week
  - c. SCDD is doing a proclamation at the city council in Ukiah regarding disability employment awareness. All are invited to attend and support. Trying to get more attention on diversity beyond ethnicity, and that included people who have disabilities is an important marker to include in reports on employment in the community when discussing diversity.
6. Co-Chair Update (Chris):
- a. Chris shared he is on the working group with the Statewide group. He will participate in most of them as he can. Did a grant showcase on what people are using implementation funds for SDP on. DVU did a presentation. There was a board training on how to be a committee member.
  - b. Discussed looking through the presentation of ideas for implementation funds being used. **ACTION: Sheila will investigate how to access the recorded portions of the implementation presentation. Will see what she can find and share it around.**
7. How to Facilitate Peer-to-peer support for SDP Enrollment:
- a. Chris said a parent group could be cool. He thinks that if there could be more peer support that doesn’t always involve regional center that’s a good idea.

- b. Cindy L said as a parent that it's always important to have parent support. She shared a support group she was part of in Fort Bragg that was super successful. Chris asked if she'd like to volunteer for anything. She said she's still getting back into the advocacy world.
- c. Elizabeth said that sometimes community organizations know people RC's don't know and that could include people with different perspectives, and possibly bring new people in to talk about serving people well. If there are implementation funds available that could help figure out how to share information well and clearly.
- d. Kim said that her agency was looking a coaching and training program of parents and self advocates on how to navigate SDP once their enrolled, such as functional education. She said they've found that people in SDP are using an IF a lot for things that they could learn to do themselves. Considering the limited number of Ifs, the more that people are able to take care of SDP tasks themselves, the better use of funds and time.
  - i. Sheila said that we've seen that people who are in their early months of SDP are discovering that things weren't set up as well as they had thought, it would be great to have a peer/educational support group to help them navigate what needs to happen in those early days. It would be great to have people who have been in SDP for a while help guide others
  - ii. Kim will put something together summarizing the work that she's doing to Alex and Sheila in order to bring to the committee. **ACTION: Kim will share her summary of the support group and education that Autism Society of LA is implementing with Sheila and Alex who will then share that with the rest of the committee to review. Will be included in Implementation of Funds part of the agenda.**

8. How to Include SDP in RCRC Intake Process

- a. Sheila shared about the update to the IPP page, unsure if will make a difference at the intake point. Will be implemented 1/1/2025

9. Start-Up Funding for IF/FMS Agencies (Sheila/Alex):

- a. No update
- b. Cindy L. asked how many FMS options are available. Alex said we have 14 available now.
- c. Sheila shared there is implementation money in the State to develop more FMS. We should be adding a couple more to RCRC soon.
- d. **ACTION: Alex will email the FMS List to the SDAC email group before the next meeting**

10. DDS Funding to Support Implementation of SDP Update (Sheila/Alex):

- a. No updates since July

11. Update on SDP Participant Transition, Status of Independent Facilitators and FMSs, and Report on Self-Determination Conversations Meetings (Sheila/Alex):

- a. Orientations update:

- There are no new views of the RCRC recorded orientation. Orientations update: 6 people reported to have attended the SCDD Orientation <https://scdd.ca.gov/sdp-orientation/>
- b. Enrollments update:
  - i. New enrollments: Del Norte – 1 (transfer), Humboldt - 1, Lake - 0, Mendocino - 1
  - ii. Total Enrolled: 48
    - 1. County: 4 Del Norte, 10 Humboldt, 7 Lake, 30 Mendocino.
    - 2. Age: 49 Adults, 2 Children (Mendocino)
    - 3. Primary Language: 0 Spanish (Mendocino), 50 English, 1 Korean
    - 4. Ethnicity: 3 Spanish/Latinx, 1 Indigenous, 3 Multi-cultural, 45 White, 1 Korean
    - 5. Total on SD Waiver: 33 (72%)
  - iii. Enrolled since 7/1/21: 19 people, average time from orientation to enrollment is 7 months.
  - iv. Expected enrollments next month: 1 Humboldt, 1 Mendocino, 0 Lake, 0 Del Norte
  - v. Actively Planning: 2 Del Norte, 6 Humboldt, 3 Mendocino, 2 Lake
- c. Independent Facilitator Update:
  - i. Additional IF's are being courtesy vendored. Humboldt IF's are in development.
- d. FMS Update:
  - i. Up to 14 FMS options. At least one in development through Statewide RRF
- e. Service Coordinator Support/Training: PCMS continuing to provide ongoing support as needed to SC for budget calculations, spending plans and working with FMSs and IFs. Joined meetings with participants and potential participants at the request of the person or SC team to provide information and guidance related to SD.
  - i. Monthly SC Training: Person Centered thinking trainings continue regularly
  - ii. Monthly SC Roundtable/Office Hours: July Roundtable/Office Hours was busy, several SC's and managers joined to troubleshoot issues.

## 12. DDS Directives (Sheila/Alex):

- a. See earlier discussion regarding July Directive on goods and services

## 13. Resource Sharing/Community Input (Community):

- a. Frank is part of an art show that is up in Fort Bragg
- b. Cindy L shared there is a haunted house going up "Haunted Hallow Horrors" in Fort Bragg
- c. Sheila said she will share out the new link to the survey. **ACTION: Sheila to share the survey for a "test drive."**

14. Add/Remove Agenda Items for Next Meeting (Committee):

- a. Remove – Peer to Peer Support Group Decision

15. Meeting Recap (Action Items below):

- a. **ACTION:** Sheila will investigate how to access the recorded portions of the implementation presentation. Will see what she can find and share it around.
- b. **ACTION:** Kim will share her summary of the support group and education that Autism Society of LA is implementing with Sheila and Alex who will then share that with the rest of the committee to review. Will be included in Implementation of Funds part of the agenda.
- c. **ACTION:** Alex will email the FMS List to the SDAC email group before the next meeting
- d. **ACTION:** Sheila to share the survey for a “test drive.”

16. Adjourn the meeting (Chris): Chris Adjourned meeting at 11:33am.

**The next meeting is set for October 18th 2024.**

*SDAC Mtg Minutes\_2024\_9\_20*

*Prepared by: A. Chesstell (10/08/2024)*