

**Self-Determination Local Advisory Committee**  
**Meeting Minutes**  
**Friday, October 18th , 2024**  
**10:00 a.m. to 12:00 Noon**

Recorder: Alex C.

In-Person and Zoom Meeting

**Present:**

**COMMITTEE MEMBERS (\*=Appointed By):** Chris Miller (RCRC\*), Crysalynd Miranda (OCRA), Robert Miland Taylor (RCRC\*), Erin Moynahan (SCDD\*), Pam Jensen (SCDD\*)

**REPRESENTATIVES TO THE COMMITTEE:** Sheila Keys (RCRC), Alex Chesstell (RCRC), Jaclyn Balanay (DDS), Julie Eby-McKenzie (SCDD)

**COMMUNITY MEMBERS:** Sherry Erickson, Sonia Lopez (Translation), Monica VanDevender (IF Candidate), Elizabeth Hassler (RCRC), Diana Perez, Valerio, Carmen Baca, Gabriel Baca

**Absent Committee Members:** Frank Van Curen (SCDD\*)

**Common Abbreviations:**

**CRA** (Client Rights Advocate), **DDS** (Department of Developmental Services), **DVU** (Disability Voices United), **FMS** (Financial Management Services), **FRC** (Family Resource Center), **IF** (Independent Facilitator), **PDS** (Participant Directed Services), **PCM** (Participant Choice Manager), **PCT** (Person Centered Training), **RC** (Regional Center), **RCRC** (Redwood Coast Regional Center), **SC** (Service Coordinator), **SCDD** (State Council on Developmental Disabilities), **SDAC** (Self-Determination Advisory Committee), **SDP** (Self-Determination Program), **SSDAC** (Statewide Self-Determination Advisory Committee)

**Minutes:**

1. **Welcome, Introductions, Roll Call, and Select a Timekeeper (Alex):**
  - a. Attendees introduced themselves and backgrounds
  - b. Roll call was taken and a quorum was present.
  - c. Timekeeper was selected. Crysalynd identified as time keeper
2. **Review, Discussion and Approval of September 2024 Minutes (Chris):**
  - a. Crysalynd motioned to accept the minutes. Chris seconded.
  - b. Motion Passes
3. **Update on September Action Items (Alex):**
  - a. **ACTION: Sheila will investigate how to access the recorded portions of the implementation presentation. Will see what she can find and share it around.**
    - i. **Completed**
  - b. **ACTION: Kim will share her summary of the support group and education that Autism Society of LA is implementing with Sheila and Alex who will then share that with the rest of the committee to review. Will be included in Implementation of Funds part of the agenda.**
    - i. **In Process. Unable to schedule, continue for next month**

- c. **ACTION: Alex will email the FMS List to the SDAC email group before the next meeting**
    - i. **Completed**
  - d. **ACTION: Sheila to share the survey for a “test drive.”**
    - i. **Completed. It works! Separates 2024 from 2023.**
- 4. Participant and Family Sharing – What’s Working and What’s Not Working (Community):
  - a. Robert – plans to recognize someone later in the meeting. Notes that his IF, Jen Pittam working with him to get an uber card for traveling in Lake County due to buses in the area not being reliable.
- 5. State Council Report (Julie):
  - a. Julie has information from the SCDD orientation manager. A new manager for the orientation program is being hired. Position is now closed. The orientation certificate will include date and the person’s UCI number to confirm orientation attendance. If there are language requests for the orientation (languages that are not yet offered). Those can be requested on the state council webpage.
- 6. Co-Chair Update (Chris):
  - a. No updates
- 7. How to Include SDP in RCRC Intake Process
  - a. Sheila reminded the SDAC that the goal has been to have that conversation with folks in intake since the very beginning, but RCRC has not had a lot of success.
  - b. Discussion – Alex shared background and current intake process.
  - c. Erin thought that perhaps the best time to have that conversation might be that initial IPP meeting, but also acknowledged that the first meeting may be a challenge due to new SC’s and the other tasks that need to be completed at that meeting. Perhaps the first person to talk to new clients would be a different RCRC staff knowledgeable about SDP and able to share info in an easy to understand way.
  - d. Pam agreed that SDP conversation should be a separate conversation from intake and or service coordination, and that adding info to a packet that would already be overwhelming. Is there a way to have that conversation before their first IPP? Could Sheila or Alex be that person. Sheila said that depends on each person and situation. She noted that to complete the start up activities, someone will need a planner and some support so before the first IPP might not be the best timing. She noted that the new IPP signature page will include a discussion of SDP.
  - e. Sherry – initial contact and sending info, should be clearly stated that someone has an option of traditional or self-determination. They can keep it simple so that the family or client knows they have an option to ask about it.
  - f. How are we lessening the workload in intake. It’s good that service coordinators have the prompt to talk about. Could a script be developed for Service Coordinators to use? Does the info being handed out have a list of resources and contacts for the family to reach out for more info?
  - g. Elizabeth – at Master Plan meeting there were conversations about intake in general. There were discussions of having meetings open to the public that could be open to people who aren’t involved in regional center yet, and could get some info.

- h. In the chat Valerio asked about the barriers that were slowing the implementation of education of SDP. Sheila noted that FMS providers were a barrier, not just the number available but how well those FMS providers were functioning. RCRC has continued to add FMSs and she discussed funds that have been giving to FMS providers that are incentives for them to provide services in our region and to provide services at the levels needed (high budgets, high needs). Valerio followed up with a question about what was being done to remove the barriers. Sheila said that state level changes are being suggested and implemented.

8. Start-Up Funding for IF/FMS Agencies (Sheila/Alex):

- a. Monica VanDevender (Star) – Is here to request funding for the IF Training Academy, guidelight group. She is curious what training groups people would recommend and the best way to pursue that education. Julie shared that State Council has an online training, which Monica said she had completed. Julie said that it technically meets the requirement, but isn't sure how recently it was updated. Julie said that Guidelight group is worth the money, but "buyer beware".
  - i. Sheila and Julie shared that the training groups provide on going support.
  - ii. Chris asked Monica what she would like support from SDAC with. She said funding for the class, but wasn't sure which one she should do. One is about \$500 online, the guidelight group in spring is about \$1000.
  - iii. Sheila suggested the online class as it would be available sooner.
  - iv. Monica also said she has connected with Rhiannon M. who is an IF.
  - v. Chris said that he is open to funding the course and supporting Monica's development.
  - vi. Monica would like to do in person meetings in Humboldt. She's noticed that clients appreciate the in person meetings and wants to provide that.
  - vii. Pam makes a motion to approve funding of the IF Academy \$524 for the course and book bundle online. Chris second's it, but asked if there were more questions or comments
    - 1. Crysalyne asked where we are in our current budget. Sheila confirmed plenty of money. Crysalyne agreed that this is a good use of funds.
    - 2. Robert said that he was excited to look at a resume. He asked Monica if she would be willing to travel to other counties. Monica said she would be willing to traveling to neighboring counties to provide support.
  - viii. Committee votes unanimously yes to fund Monica's IF training
  - ix. **ACTION: Alex and Sheila will develop a contract with Monica**
- b. Sherry asked if ongoing training for Ifs would be an option. Sheila said yes, absolutely, but resources just need to be found and SDAC could fund. Crysalyne asked if Monica saw if any of the trainings she was looking at do ongoing trainings. Monica wasn't sure, but guidelight group might be a good resource. Sheila noted that DDS is working on more for IF's

9. DDS Funding to Support Implementation of SDP Update (Sheila/Alex):

- a. No Updates
- b. Alex suggested that group could bring ideas for funding to SDAC for approval and review.
- c. Sheila said that she would love to see more supports developed for families in underserved regions.
- d. Pam would welcome some outreach and services for non-english speaking families, and wants to make sure we're supporting them since the interest is there. Would encourage any request for proposals.
- e. Sheila will look into more gift cards for survey incentives

10. Update on SDP Participant Transition, Status of Independent Facilitators and FMSs, and Report on Self-Determination Conversations Meetings (Sheila/Alex):

- a. Orientations update:
  - o There are no new views of the RCRC recorded orientation. Orientations update: 6 people reported to have attended the SCDD Orientation <https://scdd.ca.gov/sdp-orientation/>
- b. Enrollments update:
  - i. New enrollments: Del Norte – 0 Humboldt - 1, Lake - 0, Mendocino - 1
  - ii. Total Enrolled: 48
    - 1. County: 4 Del Norte, 10 Humboldt, 7 Lake, 30 Mendocino.
    - 2. Age: 49 Adults, 2 Children (Mendocino)
    - 3. Primary Language: 0 Spanish (Mendocino), 50 English, 1 Korean
    - 4. Ethnicity: 3 Spanish/Latinx, 1 Indigenous, 3 Multi-cultural, 45 White, 1 Korean
    - 5. Total on SD Waiver: 33 (72%)
  - iii. Enrolled since 7/1/21: 19 people, average time from orientation to enrollment is 7 months.
  - iv. Expected enrollments next month: 0 Humboldt, 0 Mendocino, 0 Lake, 0 Del Norte
  - v. Actively Planning: 2 Del Norte, 6 Humboldt, 3 Mendocino, 2 Lake
- c. Independent Facilitator Update:
  - i. Additional IF's are being courtesy vendored. Humboldt IF's are in development.
- d. FMS Update:
  - i. Up to 14 FMS options. At least one in development through Statewide RRF
- e. Service Coordinator Support/Training: PCMS continuing to provide ongoing support as needed to SC for budget calculations, spending plans and working with FMSs and IFs. Joined meetings with participants and potential participants at the

request of the person or SC team to provide information and guidance related to SD.

- i. Monthly SC Training: Person Centered thinking trainings continue regularly
- ii. Monthly SC Roundtable/Office Hours: July Roundtable/Office Hours was busy, several SC's and managers joined to troubleshoot issues.

11. DDS Directives (Sheila/Alex):

- a. Time did not permit – Alex will send out information related to IF and FMS standards

12. Resource Sharing/Community Input (Community):

- a. Discussion about how to further promote SDP at RCRC. General agreement that presenting information to the board to share information and stories and push a positive presentation of SDP and how it is working. Erin said she would be happy to present. Robert shared information on how to work with the board, and he wants the LVAC voice to be heard. Pam asked Robert if he could get something on the agenda for the board since he is on the board. Robert said he would ask about getting on the agenda right after the meeting.
- b. Valerio would like to request that IF's not be vendored with a Regional Center to provide services since. The regional center pays the checks and doesn't prioritize clients.
- c. Gabriel – Disagrees that Robert's role is to listen and share info, and that instead he has a powerful voice to it's full potential. Gabriel expressed frustration with how it feels the board does not hear or respond to client needs when it's presented as they feel RCRC is doing a good job, and he feels they're not willing to put in the extra work.

13. Add/Remove Agenda Items for Next Meeting (Committee):

- a. ADD Time to DDS Directives
- b. Remove 5 minutes from start up funding, 5 minutes from participant and family sharing, ADD 10 minutes to Board meeting items

14. Meeting Recap (Action Items below):

- a. **ACTION: Alex and Sheila will develop a contract with Monica**

15. Adjourn the meeting (Chris): Chris Adjourned meeting at 12:05pm

**The next meeting is set for November 15th 2024.**

*SDAC Mtg Minutes\_2024\_10\_18*

*Prepared by: A. Chesstell (11/4/2024)*