

Self-Determination Local Advisory Committee
Meeting Minutes
Friday, January 17th, 2024
10:00 a.m. to 12:00 Noon

Recorder: Maria Hernandez

In-Person and Zoom Meeting

Present:

COMMITTEE MEMBERS (*=*Appointed By*): Chris Miller (RCRC*), Clifford Black (OCRA), Robert Miland Taylor (RCRC*), Pam Jensen (SCDD*), Erin Moynahan (SCDD*),

REPRESENTATIVES TO THE COMMITTEE: Sheila Keys (RCRC), Alex Ostell, (RCRC), Patricia Kamlley (DDS), Julie Eby-McKenzie (SCDD), Maria Hernandez (RCRC)

COMMUNITY MEMBERS: Sonia Lopez (Translation), Diana Perez, Valerio, Carmen Baca, Gabriel Baca, Maribel Oliver Valerio

Absent Committee Members: Frank Van Curen (SCDD*), Alex Ostell (RCRC), Sherry Erickson

Common Abbreviations:

CRA (Client Rights Advocate), **DDS** (Department of Developmental Services), **DVU** (Disability Voices United), **FMS** (Financial Management Services), **FRC** (Family Resource Center), **IF** (Independent Facilitator), **PDS** (Participant Directed Services), **PCM** (Participant Choice Manager), **PCT** (Person Centered Training), **RC** (Regional Center), **RCRC** (Redwood Coast Regional Center), **SC** (Service Coordinator), **SCDD** (State Council on Developmental Disabilities), **SDAC** (Self-Determination Advisory Committee), **SDP** (Self-Determination Program), **SSDAC** (Statewide Self-Determination Advisory Committee)

Minutes:

1. **Welcome, Introductions, Roll Call, and Select a Timekeeper (Sheila):**
 - a. Timekeeper: Chris volunteered as timekeeper.
2. **Review, Discussion and Approval of November 2024 Minutes (Chris):**
 - a. Pam motioned to approve the meeting minutes. Chris Seconds.
 - b. November action Items have been approved.
3. **Update on November Action Items (Alex):**
 - a. **ACTION: Robert and/or Pam will compose an email for SDP participants requesting volunteers to share their experience at the Board Meeting.**
 - i. **Completed**
 - b. **Alex/Sheila will forward the email to SDP participants when received.**
 - i. **Carryover to February.**
 - c. **ACTION: Alex/Sheila will talk with the Director of intake and eligibility to discuss SDP as well as invite her to the January SDAC meeting.**
 - i. **Will be reinvited to join the next meeting.**
 - d. **ACTION: Sheila to confirm the amount of implementation funds available and the dates they must be spent by.**

- i. Sheila will share the information in today's meeting.
 - e. **ACTION: Revisit topic of 3rd party expert being incorporated in the intake/initial IPP process as a possible use of funds in January.**
 - i. Ongoing item.
 - f. **ACTION: Sheila will update the informational SDP flyer before the January Meeting.**
 - i. Completed
4. Participant and Family Sharing – What's Working and What's Not Working (Community):
- a. Erin shared that she met with a family regarding SDP. They were happy with moving forward with Self-Determination. The family did not fully understand what SDP was like, as they got a brief description but once they met up with Erin to further discuss SDP, the family left more confident. Erin would like RCRC Service Coordinators to understand SDP further and provide more information aside from traditional services.
 - i. Rhiannon Morsch informed Erin that Independent Facilitators coach clients on SDP, so that Erin could point them in that direction.
 - ii. Pam shared that there is a problem with clients that want to be on SDP, but these services are not being offered, and clients are waiting a year for these services to happen.
5. State Council Report (Julie):
- a. Julie informed the team that she was recently asked about IF training. The Orange County Office did based on in-person series put together a video training series for IF's where they would receive a certificate. The certificate is no longer available, but the training is still offered.
 - b. Erin asked when people are asking to do this training, where should they send them? Sheila informed everyone that there is a proposal that will be discussed during the meeting.
 - c. SCDD provides the training and the way to provide proof that they attended or did the training is by showing that they watched the videos. Julie can send out the link to YouTube where we can find the videos.
6. Co-Chair Update (Chris):
- a. Chris informed everyone that the only update he has is regarding the working group for the SCDD Statewide Self Determination. Every Couple of months, they do a "Town Hall" where they learn or talk about something as a group. Their next group meeting will be on March 18th.
7. RCRC Board Meeting (Robert):
- a. Robert informed us that because there was no meeting in December and wanted to go over some action items from the November board meeting.
 - b. Sheila does not have any updates on the board meeting.
ACTION: Sheila will meet with Erin about Self-Determination and Sheila will send an email to anyone in SDP or the public to let them know when the board meeting is so that they have the option to attend.
 - c. Erin suggested that RCRC should have an orientation on the kind of services, SDP, and information regarding our agency to guide them through the process and that this should be brought up to the Board Meeting.
 - d. Robert informed everyone that the committee has the idea of presenting to the

board the problems and challenges and that the committee needs somebody to present how the Self-Determination Program is working well for them and focus on the positives. Robert also brought up Sherry's suggestion on how she has reached out to our clients to see if they are interested.

ACTION: Sheila will get ahold of Sherry to discuss whether she has communicated with clients and to see if they are interested in presenting to the board.

8. How to Include SDP in RCRC Intake Process

- a. Sheila informed everyone that there has only been one meeting between the director of Intake and Alex about joining the meeting.
ACTION: Sheila will also reach out to the Intake Director about implementing SDP to the RCRC Intake Process and about attending the meeting.
- b. Chris notified Sheila that he would like Beth to understand what SDP is about before attending the meeting as it is important to understand SDP before she can begin to help.
- c. Pam asked Erin to describe what she believes should be done in the intake process for parents and children who have been diagnosed to get information for SDP Vs. traditional services.
 - i. Erin would like there to be a liaison that will inform them about the difference in services and what services are provided to help them.
 - ii. Pam and Erin suggested that SC learn about SDP before learning traditional services as this will help implement this further rather than learning traditional services and having SDP as an add on.
 - iii. Julie informed everyone that East LA Regional Center has a curriculum called ELARC U (ELARC University) that families can choose to go to so that they receive some mechanisms where families can get information from rather than depending on a single person to help everyone get to understand SDP.
- d. Chris suggested that we hold another meeting where people meet to discuss how to really implement SDP in the intake process with everyone who can help make this happen.
 - i. Erin asked if anyone would like to join her in setting up meetings with CSMs and Service Coordinators to discuss what needs to be done to improve the process for SDP. Chris joined the list.
- e. Robert asked what Enhanced Service Coordinators do and if they are a part of SDP.
 - i. Sheila informed everyone that Enhanced Service Coordinators work with some of the folks who are not accessing services or supports as much as others, due to geographical, cultural, or language barriers. They provide shorter-term case management to help people start accessing services and supports. Most have already been trained on SDP with the exception of a new Service Coordinator who has recently started.

9. Start-Up Funding for IF/FMS Agencies, Updates and Approvals/DDS Funding to Support Implementation of SDP Update (Sheila/Alex):

- a. Rhiannon shared her proposal and explained that the proposal is to provide mentorship for new independent facilitators and person-centered planners.
- b. Rhiannon reviewed the one-to-one mentorship and there will be recruitment in the RCRC catchment area but if she can't recruit enough IFs within the RCRC Catchment area, she will try to recruit IFs for virtual mentorship.

- i. Erin asked if the 16 hours are for all IFs or for each IFs, which Rhiannon informed that the 16 hours are divided between all the IFs. If there is a great number of recruits, the hours of the contract could be extended. There will be 96 hours for recruitment.
- c. Erin asked Rhiannon if there were family members who would like to become Independent Facilitators for their loved ones, is that something Rhiannon would recruit. Rhiannon replied that the goal for the proposal is to serve as many clients as possible and there are times where the family members cannot take more than 1 client.
- d. Kristianna Moralls from Disability Voices United, informed everyone that DVU will begin to have trainings in February for participants who are wanting to do the program on their own. SDP Connect is on the 2nd and 4th Wednesdays.
- e. Pam requested that Rhiannon try to recruit a total of 20 Independent Facilitators.
- f. The Committee discussed the approval for Rhiannon's Proposal while Rhiannon waited in a different meeting room.
 - i. Sheila informed the committee that the Budget is a little over \$100,000.
 - ii. There is no consideration for families to become IF for their own family members, which is a concern for Chris.
 - iii. Erin second what Chris said that she agrees and that they would like to keep person to person meetings rather than online.
 - iv. Erin suggested that Independent Facilitators should be only 10 online and 10 locals but out of the 10 locals, 4 should be family members. This will help start with people you know and make a network.
 - v. Chris asked if we have money to be able to help with transportation, for her to show up in person to help recruit locals.
- g. The committee has decided to approve Rhiannon's proposal and for travel to help Rhiannon recruit IFs in our area.
- h. Erin talked to Rhiannon about having 10 families locally and would like it to be a local service.

ACTION: Sheila and Alex will adjust the contract as agreed with Rhiannon and discuss the grant.

- i. Voting will happen via email once the proposal and contract have been revised.
 - i. The voting occurred via email after Sheila sent the Contract and the Project Budget to the Committee.
 - ii. The Committee members approved the proposal that was reflected in the contract.

10. Update on SDP Participant Transition, Status of Independent Facilitators and FMSs, and Report on Self-Determination Conversations Meetings (Sheila/Alex):

- a. Orientations update:
 - o There are no new views of the RCRC recorded orientation. Orientations update: 6 people reported to have attended the SCDD Orientation <https://scdd.ca.gov/sdp-orientation/>
- b. Enrollments update:
 - i. New enrollments since Nov 1st: 2

- c. Independent Facilitator Update:
 - i. Additional IF's are being vendored. Humboldt IF's are in development.
- d. FMS Update:
 - i. Up to 14 FMS options. More in development through Statewide Request For Proposal.

11. DDS Directives (Sheila/Alex):

- a. This topic was not discussed during the meeting as we ran out of time and the meeting was cut short.

12. Resource Sharing/Community Input (Community):

- a. This topic was not discussed during the meeting as we ran out of time and the meeting was cut short.

13. Add/Remove Agenda Items for Next Meeting (Committee):

- a. This topic was not discussed during the meeting as we ran out of time and the meeting was cut short.

14. Meeting Recap (Action Items below):

- a. **ACTION: Alex/Sheila will forward the email to SDP participants when received.**
- b. **ACTION: Revisit topic of 3rd party expert being incorporated in the intake/initial IPP process as a possible use of funds in January.**
- c. **ACTION: Sheila will meet with Erin about Self-Determination and Sheila will send an email to anyone in SDP or the public to let them know when the board meeting is so that they have the option to attend.**
- d. **ACTION: Sheila will get ahold of Sherry to discuss whether she has communicated with clients and to see if they are interested in presenting to the board.**
- e. **ACTION: Sheila will also reach out to the Intake Director about implementing SDP to the RCRC Intake Process and about attending the meeting.**
- f. **ACTION: Sheila and Alex will adjust the contract as agreed with Rhiannon and discuss the grant.**

15. Adjourn the meeting (Chris): Chris Adjourned meeting at 11:59am.

The next meeting is set for February ^{21st}, 2025.

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Prepared by: M. Hernandez (02/06/2025)