

**Self-Determination Local Advisory Committee**  
**Meeting Minutes**  
**Friday, June 20, 2025**  
**10:00 a.m. to 12:00 Noon**

Recorder: Sheila Keys/Alex Ostell

In-Person and Zoom Meeting

**Present:**

**COMMITTEE MEMBERS** (\*=*Appointed By*): Clifford Black (OCRA), Pam Jensen (SCDD\*), Erin Moynahan (SCDD\*) Robert Miland Taylor (RCRC\*),

**REPRESENTATIVES TO THE COMMITTEE:** Sheila Keys (RCRC), Alex Ostell (RCRC), Jaclyn Balanay, DDS, Alma Ingram, RCRC Diversity Specialist

**COMMUNITY MEMBERS:** Sherry Erickson (IF), Sonia Lopez (Translation), Mary Apprill (CBEM), Mariah W. (participant), Preselah Seymore, GTI, Diana PerMarina Bleich (family working on enrolling). Gilda Giron (DVU).

**Absent Committee Members:** Chris Miller (RCRC\*), Bonnie Boek (First 5), Townley Saye (First 5), Frank Van Curen (SCDD\*)

**Absent Representatives:** Julie Eby-McKenzie (SCDD), Maria Hernandez (RCRC)

**Common Abbreviations:**

**CRA** (Client Rights Advocate), **DDS** (Department of Developmental Services), **DVU** (Disability Voices United), **FMS** (Financial Management Services), **FRC** (Family Resource Center), **IF** (Independent Facilitator), **PDS** (Participant Directed Services), **PCM** (Participant Choice Manager), **PCT** (Person Centered Training), **RC** (Regional Center), **RCRC** (Redwood Coast Regional Center), **SC** (Service Coordinator), **SCDD** (State Council on Developmental Disabilities), **SDAC** (Self-Determination Advisory Committee), **SDP** (Self-Determination Program), **SSDAC** (Statewide Self-Determination Advisory Committee)

**Minutes:**

1. **Welcome, Introductions, Roll Call, and Select a Timekeeper (Pam):**
  - a. Cliff volunteered to be the timekeeper for the meeting.
2. **Review, Discussion and Approval of May 2025 Minutes (Pam):**
  - a. Pam motioned to accept the minutes May 2025. Erin seconded. Minutes were approved by unanimous vote.
3. **Update on May Action Items (Alex/Sheila):**
  - a. **ACTION: Sheila will continue to provide Pam with contact information for people willing to attend future board meetings. ONGOING**
  - b. **ACTION: Sheila and Alex will work with diversity coordinators to identify ways to reimburse IFs for travel. IN PROGRESS**
  - c. **ACTION: Chris will contact the Statewide SDAC team to get the exact date of the**

June meeting. If he is unable to attend, Erin agreed to attend as his designee. **COMPLETED.**

- d. **ACTION: Julie agreed to connect Pam with Kristina Lewis and Jane Bermudez who coordinate the ITT teams in Mendocino County. COMPLETED**
  - e. **ACTION: Alex and Julie will work together to find and/or develop plain language information what is at risk to help people understand the urgent need to speak up to protect the services and support they need. COMPLETED**
  - f. **ACTION: Julie will share the updated public facing power point slide deck with Pam when they are available. COMPLETED**
  - g. **ACTION: Sheila will share the PDF via email with the people at the meeting on 5/16/25 COMPLETED**
  - h. **ACTION: Sheila will email the RCRC newsletter to Diana P. COMPLETED**
4. Participant and Family Sharing – What’s Working and What’s Not Working (Community):
- a. Robert is working with new IF, Monica from Humboldt, as of 7/1/25. She will attend the Sept board meeting. Will be updating his plan and spending plan together. Robert thanked Jennifer Pittam and Rhiannon Morsch for supporting him in finding a new IF.
  - b. Erin expressed concern about people being told they must wait 2 months; Sheila explained the fiscal year end processes causes delays in FMS providers being able to confirm funds are available until the end of July. Statewide this has resulted in employees and providers not getting paid on time. Most RCs no longer support new enrollment on 7/1 for this reason.
  - c. Erin expressed the frustration many families are feeling with the lack of communication between self-determination and the financial situation.
  - d. Sherry has said that one of her clients with the start date of July 1<sup>st</sup>, are happy to move to August 1<sup>st</sup> as a start date due to all the hassle.  
**ACTION: Alex will create a calendar to show dates/timelines for enrollment.**  
**ACTION: Sheila/Alex will work to train IFs around the barriers around 7/1 start date.**

5. State Council Report (Erin for Julie):

- a. Erin informed everyone that Julie is focused on encouraging as many people as possible to tell their stories about Med-caid funded support. You can call Julie to tell her their stories, call your congressman, or go to the website.
- b. The SCDD supported decision making portal is open. The next SCDD Medicaid meetings have been announced:

**June 30, 2025**

**12:00pm - 1:30pm**

**Join Zoom Meeting: [Click Here to Join](#)**

**Meeting ID: 814 2802 8175**

**Passcode: 106884**

**July 15, 2025**

**9:00am - 10:30am**

**Join Zoom Meeting:** [Click Here to Join](#)

**Meeting ID:** 814 2802 8175

**Passcode:** 106884

<https://redwoodcoastrc.org/news/medicaid-what-you-need-to-know/>

The June Statewide SDAC meeting is on 6/25 from 11 – 4.

**ACTION:** Erin will forward the link for the meeting to Pam.

6. Co-Chair Update (Chris):
  - a. There were no updates given during the meeting.
7. RCRC Board Meeting (Robert & Pam):
  - a. Next Board meeting is on 7/9/25.  
**ACTION: Robert will send Sedona documents from Alex/Sheila with updates on SDP. Robert will email zoom information and/or Sedona's contact information to Sherry for Mariah to join the Board of Directors meeting.**
  - b. Pam reported that Debbie shared her/their experience with board on 5/17/25.
  - c. Mariah informed Pam that she is interested in speaking at the meeting.
  - d. Speakers have 10 mins to talk about their experience but do not have to use all the 10 mins.
8. How to Assist Individuals Who Wish to Offer Support to Others in Their Community (Committee/Community):
  - a. Monthly parent support groups would love to share information about SDP with other parents/advocates to talk about it.
  - b. Mendo Leap, First 5, and Courageous Engagement is working together to build a group of parents and peer advocates.
  - c. Welcome members of SDAC to join and help build a core group of supporters. Erin will provide details in chat/email.  
**ACTION: AGENDA FOR JUNE reduce to 5 minutes**
9. Start-Up Funding for IF/FMS Agencies, Updates and Approvals/DDS Funding to Support Implementation of SDP (Alex/Sheila):
  - a. IF update: Alex is working to vendor a new IF in Humboldt. 3 new in Mendo/Lake including 2 are bilingual in Spanish. Alex is currently working with vendoring a new IF, local in Humboldt County. She is a client of Regional Center and is enrolled in self-determination. She has first-hand experience and will be working with Rhiannon as a mentor.
  - b. Addressing mileage costs for IFs traveling to support people for initial enrollment planning and SD general supports. Alma explained the LAC funding could be used for that if the IF is meeting with someone who is Spanish speakers, Native American or otherwise underserved communities.  
**ACTION: Alex/Sheila will work with Alma after she contacts DDS to confirm.**
  - c. Alex reports that there are several people who are very close to enrolling in SDP who will likely start August 1<sup>st</sup> (due to difficulties with enrollment during fiscal year end June/July). Sheila reported that 1 person in Mendocino County started 6/1/25 and 1 or 2 others are expected to start 8/1/25.

- d. We have 20 FMS providers in our system and the DDS webpage for RCRC FMSs is up to date

10. RCRC Update: SDAC Membership, Participant Enrollment, IF/FMS Services, SC Support & Training, SD Meetings (Alex/Sheila):

- a. Alex reported IPP structure change has impacted SDP, we are now expected to have all the services in the spending plan must be documented/included in the IPP.
- b. Adding things mid-year will require an update to the IPP. Recommendation to include all possible items that a person may want to add during the year.
- c. Conversation around guardrails for SDP that DDS/State of CA is considering implementing.
- d. There have been tools provided for Service Coordinators to help assist with the new changes and documentation with the IPP.
- e. Alex will continue to update the committee with the changes that are happening as far as the California budget, the IPP changes, etc. This conversation is unrelated to the Federal Medicaid budget cuts that are being proposed.
- f. Part of this is that people are using the money on their budgets adequately and within the law.
- g. Sheila clarified the process for existing rates for the SDP clients.

11. DDS Directives (Sheila/Alex):

- a. There have not been any new DDS Directives since the May meeting.

12. Resource Sharing/Community Input (Community):

- a. There will be an SDP/SCM conference in Oakland soon for anyone who is interested in attending or sharing.
- b. Robert announced the upcoming RCRC Public meeting on Thur 6/26.
- c. Alex announced 7/19 12 – 5pm disability pride festival and parade starting at the Adorni Center.

13. Add/Remove Agenda Items for Next Meeting (Committee):

- a. **ACTION:** July reduce item #8 to 5 minutes
- b. **ACTION:** Add *Building My Future Workbook* do we want to buy them for people? as a separate item on the July Agenda, 10 minutes

14. Meeting Recap (Action Items below):

- a. **ACTION:** Pam will contact people to share their input with the Board of Directors.
- b. **ACTION:** Alex will create a calendar to show dates/timelines for enrollment.  
**ACTION:** Sheila/Alex will work to train IFs around the barriers around 7/1 start date issues
- c. **ACTION:** Erin will forward link for Statewide SDAC to Pam
- d. **ACTION:** Robert will send the SDP update report from Alex/Sheila to Sedona by 6/27/25.
- e. **ACTION:** Robert will email zoom information and/or Sedona's contact information to Sherry for Mariah to join the Board of Directors meeting on 7/0/25.
- f. **ACTION:** Alex/Sheila will work with Alma after she contacts DDS to confirm LAC funding for IF Travel.

15. Adjourn the meeting (Pam): Meeting adjourned at 11:55 am.

**The next meeting is set for July 18th, 2025.**

*SDAC Mtg Minutes\_2025\_06\_20*

*Prepared by: S. Keys (6/20/2025)*

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