

**Self-Determination Local Advisory Committee
Meeting Minutes
Friday, July 18, 2025
10:00 a.m. to 12:00 Noon**

Recorder: Maria Hernandez

In-Person and Zoom Meeting

Present:

COMMITTEE MEMBERS (*=*Appointed By*): Crysalynd Miranda (ORCA), Pam Jensen (SCDD*), Erin Moynahan (SCDD*) Robert Miland Taylor (RCRC*), Frank Van Curen (RCRC*),

REPRESENTATIVES TO THE COMMITTEE: Sheila Keys (RCRC), Alex Ostell (RCRC), Jaclyn Balanay, DDS, Maria Hernandez (RCRC)

COMMUNITY MEMBERS: Sherry Erickson (IF), Sonia Lopez (Translation), Mariah W. (participant), Alysha Risch (IF), Diana Perez (GTI), Kayley Proenza, Eduardo, Lizeth Valencia, Townley Saye (First 5), Bonnie Boek (First 5), Maribel, Silvia C, Jazmin, Patricia Kamley (DDS), Denise Gorny (SCDD), Irma P, Celia Ramos, Lulú A

Absent Committee Members: Chris Miller (RCRC*), Clifford Black (OCRA),

Absent Representatives: Julie Eby-McKenzie (SCDD)

Common Abbreviations:

CRA (Client Rights Advocate), **DDS** (Department of Developmental Services), **DVU** (Disability Voices United), **FMS** (Financial Management Services), **FRC** (Family Resource Center), **IF** (Independent Facilitator), **PDS** (Participant Directed Services), **PCM** (Participant Choice Manager), **PCT** (Person Centered Training), **RC** (Regional Center), **RCRC** (Redwood Coast Regional Center), **SC** (Service Coordinator), **SCDD** (State Council on Developmental Disabilities), **SDAC** (Self-Determination Advisory Committee), **SDP** (Self-Determination Program), **SSDAC** (Statewide Self-Determination Advisory Committee)

Minutes:

1. **Welcome, Introductions, Roll Call, and Select a Timekeeper (Pam):**
 - a. Erin has agreed to be the timekeeper.
2. **Review, Discussion and Approval of June 2025 Minutes (Pam):**
 - a. Crysalynd motioned to accept the meeting minutes for June. Erin seconded the motion.
 - b. Approval for the June Meeting Minutes has been moved to the month of August due to not having enough votes.
3. **Update on May Action Items (Alex/Sheila):**
 - a. **ACTION: Pam will contact people to share their input with the Board of Directors.**
– Completed.
 - b. **ACTION: Alex will create a calendar to show dates/timelines for enrollment.** – Completed.

- c. **ACTION: Sheila/Alex will work to train IFs around the barriers around 7/1 start date issues – In progress.**
 - d. **ACTION: Erin will forward link for Statewide SDAC to Pam. – Completed.**
 - e. **ACTION: Robert will send the SDP update report from Alex/Sheila to Sedona by 6/27/2025. – Completed.**
 - f. **ACTION: Robert will email the zoom information and/or Sedona's contact information to Sherry for Mariah to join the Board of Directors meeting on 7/0/25. – Completed.**
 - g. **ACTION: Alex/Sheila will work with Alma after she contacts DDS to confirm LAC funding for IF Travel. – Completed.**
4. Participant and Family Sharing – What's Working and What's Not Working (Community):
- a. Robert will be attending the Redwood Games in Redway. Robert will be attending from August 14th to the 17th.
 - b. Robert will be attending the board of directors meeting taking place on September 13th.
 - c. Mariah W. will be using a new FMS in Ukiah after moving. She will be able to see them in person. Maria will also be getting into the Health Club.
5. State Council Report (Denise for Julie):
- a. Denise reported that Julie is working on providing workshops for the Medicaid budget cuts.
6. Co-Chair Update (Frank/Erin):
- a. Frank had nothing to report on.
 - b. Erin reported back on the SDAC statewide meeting.
 - c. Erin attended the Statewide Council SDAC meeting. She informed the committee that she joined via zoom and that it was a disadvantage as the meeting was also in person. Joining via zoom made it difficult when the people attending the meeting broke out into groups and those that were attending via Zoom had to join via chat.
 - d. The need for LVAC member training and orientation was discussed during the meeting. They also discussed how to make the LVAC meeting accessible to encourage public participation and awareness.
 - e. They also discussed the lack of guidance and clarity regarding the Annual Budget Renewal process that was not included in the Trailer Bill. Judy Mark gave a presentation regarding the Trailer Bill and what to expect moving forward.
 - f. Erin reviewed with the committee some of the highlights made by Judy regarding changes and the impact they'll have on SDP include requirements IPP teams consider the utilization of generic resources when the individual budget is being developed, establishing with community input by March 1st, 2027, and a statewide standardized process and procedure that includes enrollment, individual budget, spending plans, FMS, and access to transition supports.
 - g. Erin informed the committee that all the reports discussed at the meeting are on the SDAC website. She also explained that she has been communicating with her clients about how the budget cuts will affect, and it will not only affect SDAC, but it will also affect the regional center all together.
 - i. Sheila explained the process people will take once the budgets come into place and how it will affect clients. If a client who is

in SDP has authorized services in their IPP, those services will continue to be provided, and it will take out the expenditure part in the way services are provided.

- ii. Erin noted that some items in the budget will be cut immediately, and other services will be cut later, and we do not have specific dates yet so there is no way of knowing how they will impact services.

7. RCRC Board Meeting (Robert & Pam):

- a. Robert thanked Disability Voices United for having Judy Mark attend the Board Meeting in Fort Bragg and for bringing issues occurring in Self-Determination.
- b. Robert wanted to inform the committee that Medical is for all regardless of status.
- c. On Friday, June 20th, Robert gave the report to the Board Meeting on updates regarding SDAC. Alex reported that there were several people that enrolled into SDP starting August 1st.
 - i. Alex also reported that he is working on vendoring new IFs in Humboldt, 3 in Mendocino and Lake County, 2 of which are bilingual.
 - ii. Part of the report was that issue was having funding for mileage cost for some of the independent facilitators that are supporting clients. Alma Ingram, the Diversity and Outreach Specialist for RCRC, explained that part of the LAC funding could be utilized for an IF who is meeting with someone in our underserved communities that are a Spanish Speaker, Native American, or anyone in the underserved communities.
 - iii. There is a total of 20 FMS providers in our system. The DDS website with information regarding RCRC is up to date with the information regarding the FMSs.
- d. Robert reported that there were no guest speakers during this last Board Meeting. Pam informed the committee that one of the speakers had to drop off because of childcare and the conflict at the time that the Board Meeting was taking place. Mariah W also reported that she could not access the sound at the Board meeting as she did not have a good connection.
 - i. Mariah will be able to set up for September and will participate.
 - ii. Isis is also willing to participate as well. Pam will get in touch with Isis to see if he can attend the meeting in September.

8. How to Assist Individuals Who Wish to Offer Support to Others in Their Community (Committee/Community):

- a. Erin reported that first 5 and Rise and Shine have been supporting families in the area. Mendo Leap is also supporting families in the area, The school district is offering training and resources for families, as well as the county.
- b. Bonnie Boek informed the committee that there will be a 'sib shop' for siblings of children that have disabilities that is up at Eventbrite for anyone who would like to sign up. The age range is up to 12 and it is a way to connect with other siblings. There are craft tables, snacks, and activities to get to know each other and bond. There has previously been a total of 3 and previously there have been 6 but they cannot exceed 12.
- c. Erin informed the committee that there is technology training in the county for parents to help understand the parent apps.

- i. Erin reviewed with the committee what the app is. The app is a form of communication between the school and parents. The school can provide updates on events, news, etc. There are also translations that can help with communication between Spanish speaking parents and the school. The training was done so that parents are able to navigate the app without frustration to be able to communicate with their child's school.
- d. Erin also spoke about apps that children will potentially be using in replacement of a hall pass.

9. Building My Future Workbook (Committee):

- a. Building My Future Workbook is a workbook put together to provide support for clients and families created by the IF Training Academy and Alta Regional Center's SDAC.
 - i. Pam reviewed the workbook and liked the information that was added.
- b. The committee discussed that they would like to know if they could use funds to purchase the workbook for families and clients going into Self-Determination.
 - i. Crisalyn asked what the format of the workbooks would look like before purchasing them.
 - ii. The committee agreed that it would be convenient to have them in digitally and physically as well so that many of the clients we have can have access to them. There are 5 available languages, English, Spanish, Hmong, Russian, and Punjabi.

ACTION: Sheila will get details and a quote from Rosie for the committee, so that they may vote to determine if they would like to purchase the books for our regional center.

- c. The committee reviewed the Building My Future Workbook for those who haven't seen it.
 - i. Erin shared that the workbook follows the Current IPP which will help new IFs. Alex added that they are informational resources for anyone that they would like to use.
 - ii. After we get further information on the price of the workbooks, the committee will vote either next month or the following to determine if the committee will be placing an order for them.

10. Start-Up Funding for IF/FMS Agencies, Updates and Approvals/DDS Funding to Support Implementation of SDP (Alex/Sheila):

- a. There are no new requests for funding for IFs or FMSs.
- b. There is one person in Fort Bragg who would like to attend the IF training.
- c. There are 8 people that are getting support from Rhiannon to continue to develop their skills as IFs.
- d. Pam asked to revise how the proposal for IFs is going and what the goal for how many people should be trained. Sheila reported that there are IFs traveling to Lake Counties, and 2/3 are Spanish speakers.

ACTION: Alex and Sheila will ask Rhiannon to give an update either at the next meeting or to put it in writing so that Alex and/or Sheila may share.

11. RCRC Update: SDAC Membership, Participant Enrollment, IF/FMS Services, SC Support & Training, SD Meetings (Alex/Sheila):

- a. We have one less person enrolled in SDP. They exited SDP voluntarily because it has been too complex and it is not currently working for them anymore. There are a few people who will be enrolling from August – September.
- b. Alex shared the 25-26 Calendar along with the plan to meet with all the IFs RCRC is vendored with to talk about expectations, timelines, and roles in the process with families. There has been confusion between all parties, and this will promote better communication and expectations. The calendar will provide guidelines to help people that are enrolling in SDP know when to submit their Spending Plan and other forms that'll help them enroll.
- c. Kayley Proenza informed the committee that there will be a Disability Voices United Conference in Oakland on September 11th that will be funded by LVAC.
 - i. More information could be found on the dvunited.org/empower, dvunited.org/empoderar. Kayley Proenza can also be contacted at kayley@dvunited.org.
 - ii. The community members brought up the idea of being afraid they may not be able to get spots to the meeting. Kayley explained that there will be a Google Sheet the regional center and the LVAC that will be shared where our community members and committee can sign up instead of going through the regular registration so that there is additional information collected.
 - iii. Kayley explained to Sherri that this conference will help show how the clients in Self-Determination and the supported decision-making can be used side-by-side because they connect to give clients autonomy over their life and give them the ability to make their own choices.
 - iv. Sheila mentioned that because DVU is not a vendor, clients who would like to attend the conference would not be able to buy registration to the conference through the IPP in traditional services but could rather get an invoice by contacting their Service Coordinator if they need support getting there. SCs may be able to help with getting family reimbursement for travel.
 - v. Sheila added her and Alex's emails in the chat so that those who would like to attend can send them an email so that they could get a headcount.
 - vi. Crisalyn noted that there are two potential votes that need to occur at the next SDAC meeting; The first will be on paying for registration and the secondary vote will be on how much the committee can accommodate or travel expenses.
 - vii. Maribel commented that attending these types of conferences that DVU provides can help families who do not know much about SDP get informed.
- d. DVU hosts a meeting for the SDAC committee members every first Tuesday of the month from 6-7:30. LVAC members meet other committee members throughout the state to discuss what other committees are doing, discuss changes in SDP, policies, and learn how regional centers are implementing SDP. This is not a public meeting and can only be attended by those that serve the committee.
ACTION: Sheila and Alex will work to identify people that want to go to the conference and costs associated and bring it to the next month.

12. DDS Directives (Sheila/Alex):

- a. This topic was not discussed during this meeting.

13. Resource Sharing/Community Input (Community):

- a. This topic was not discussed during this meeting.

14. Add/Remove Agenda Items for Next Meeting (Committee):

- a. 15 mins. to item number 10.

15. Meeting Recap (Action Items below):

- a. **ACTION: Sheila will get details and a quote from Rosie for the committee, so that they may vote to determine if they would like to purchase the Building My Future workbooks for our regional center.**
- b. **ACTION: Alex and Sheila will ask Rhiannon to give an update either at the next meeting or in writing.**
- c. **ACTION: Sheila and Alex will work to identify people that want to go to the conference and costs associated and bring it to the next month.**

16. Adjourn the meeting (Pam):

- a. The meeting was adjourned at 12:03pm.

The next meeting is set for august 15, 2025.

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Prepared by: M. Hernandez (7/18/2025)