

# Board of Directors' – Client Advisory Committee

## Meeting Minutes

Wednesday, June 12, 2024

6:00 to 7:00 p.m.

### Join Zoom Meeting

<https://us06web.zoom.us/j/88211915735?pwd=zeHUN3QoCGzqHgzk2ymB62tQpvlhjo.1>

**Meeting ID:** 882 1191 5735

**Passcode:** 309982

**Phone In:** 669-900-6833

Committee Members Present: Robert Taylor, Chair

Committee Members Absent: Bill Lacy, Will Lewis, Dave Matson

RCRC Members Present: Sedona B (Executive Assistant-Incoming), Kim O (Executive Assistant-Outgoing), Alex Bland (Client Advocate for Lake/Mendocino Counties), Elizabeth Hassler (Client Advocate for Humboldt/Del Norte Counties), Kim Smalley (Executive Director)

Members of the Public Present: Charlene Gonzalez (Client Advocate for People First – Lake County), Michaela Rew, Maria Santoyo, Maribel, G

### AGENDA

1. Open the Meeting: CAC Chair, Robert Taylor opened the meeting at 6:04 pm
2. Introductions and Get to Know One Another: Robert called on attendees to introduce themselves and share their interests. A member of the public, G, had some questions:
  - a. Is this meeting open to the public?
    - i. The meeting is for and by the RCRC clients so only the RCRC clients are allowed to speak during the meeting, but anyone else is welcome to listen.
  - b. So only clients can talk during this meeting?
    - i. Correct, only regional center clients can speak.
  - c. Suggest that members of the public who are not clients be able to listen to the meeting.
    - i. It is important that those listening to the meeting understand that this meeting is by and for clients and some information shared is personal and should be kept confidential.
3. Announcements:
  - a. 50<sup>th</sup> Anniversary/People First of California Conference:
    - i. Charlene felt the conference went really well for those who have never been before. It was good to hear people with the same thoughts and goals.
    - ii. Alex thought the conference was successful. Some of us talked with People First of California. They're going to have a zoom meeting with us and help us to hold meetings. We are having a meeting on the 28<sup>th</sup> in Lakeport but also including Zoom for People First to join us. One person spoke about living independently and talked about RISE and encouraging people to start similar things in their areas.

- iii. Robert talked about trying to find more clients to join the CAC meetings and working with People First to help us recruit members. He shared about the history of People First and felt it was very powerful. He also shared that there was more information about Self-Determination and how important it is. He said Far Northern Regional Center shared about the RISE program.
        - iv. Michaela and Charlene shared experiences with their mentor agencies. Michaela asked if someone could find out the rules and regulations California Mentor and RCRC because legally we don't have to have certain restrictions and rules that they are telling us we have to follow.
          1. Alex will send the information about people's rights under the Home and Community Based Services (HCBS) rules.
4. Goals for 2024 CAC (Continuation from April 17<sup>th</sup>, 2024 Meeting): Robert invited the committee to discuss additional future goals for 2024 CAC.
  - a. Safe Transportation
    - i. Alex received the rules of conduct from the Lake County Transit, indicating they are written to protect passengers and drivers. Alex would like to review it with People First.
    - ii. Robert shared that reliable wheelchair accessibility and air conditioning is not great. He also feels there needs to be more benches at bus stops. He said getting ahold of the Transit operators is difficult.
    - iii. Charlene added that more bus stops and safety measures for crossing the street would be helpful.
    - iv. Robert shared about Dial-a-Ride and the importance that someone be present to make the arrangements.
5. Develop Next Meeting Agenda for August 21, 2024 Meeting: The following draft was developed:
  - a. Open the Meeting
  - b. Introductions
  - c. Announcements:
    - i. Site Visits (10 min)
    - ii. Other announcements
  - d. Goals for 2024 CAC (30 min)
  - e. Develop agenda for August 21st CAC meeting
  - f. Close the meeting
6. Close the Meeting: Robert thanked everyone for attending and ended the meeting at 7:00 pm.

Next meeting is Wednesday, August 21, 2024.

Respectfully submitted by:  
Sedona Bowser, Executive Assistant