

Board of Directors' – Client Advisory Committee

Meeting Minutes

Wednesday, February 19, 2025

6:00 to 7:00 p.m.

Join Zoom Meeting

<https://us06web.zoom.us/j/85308665382?pwd=vEYqM6FZZX9rt3UAAE6CRnOHqBB2TB.1>

Meeting ID: 853 0866 5382

Passcode: 914500

Phone In: 669-900-6833

Committee Members Present: Robert Taylor (Chair), Dave Matson

Committee Members Absent: Will Lewis

RCRC Members Present: Sedona B (Executive Assistant), Dr. Jacinthe Roy (Director of Clinical Services)

Members of the Public Present: Dolores Delgado (Spanish Translator), Crysalynd Miranda (Clients' Rights Advocate), Charlene Gonzalez (Client Advocate for People First – Lake County), Diane Larson (BOD)

AGENDA

1. **Open the Meeting:** CAC Chair, Robert Taylor opened the meeting at 6:05pm
2. **Introductions:** Robert called on attendees to introduce themselves and share their interests.
3. **Announcements:**
 - a. **Emergency Preparedness (Alex B):** No present, tabled to the next meeting.
 - b. **Additional Comments:** No comments.
4. **OCRA Guest Speaker (Crysalynd):** Crysalynd shared what the Office of Clients' Rights Advocacy (OCRA) does. OCRA is part of Disability Rights California, providing free legal information, advice, and representation to regional center clients in the state of California. Last October OCRA had an open house celebrating 25 years of service where they presented an advocacy award to Lilyan Navarro. Lilyan was presented with a framed glass award for her work as an advocate. The award stated the following: (the plaque). Crysalynd shared that they also provide advocacy trainings to both groups and individuals and anyone interested could email her at OCRA.RCRC@disabilityrightsca.org to make arrangements.

Crysalynd then screen-shared a list of trainings they currently offer, and the two CAC members present asked if she would share the "Voting Rights" training at the next CAC meeting.

5. **Review 2025 Goals (Standing Item):**
 - a. **Self-Determination:** Robert shared as a member of the Self-Determination Advisory Committee (SDAC) that Self-Determination is a plan that allows clients to get services through a plan using designated money. A traditional plan provides services through a service coordinator. Self-Determination allows the client to work with an Independent Facilitator (IF) to set a budget for services needed using the Person-Centered Plan (aka

Personal Futures Plan) that describes the individual, their strengths and skills, their dislikes, their lifestyle and culture, goals and future planning. A spending plan is created to identify how much money is needed and how it will be spent, and then a budget is calculated using current vendor rates. Crisalyn added that the Self-Determination client has more control over their decisions and along with the control comes more responsibility. The next SDAC meeting is Friday, Feb 21st from 10-12, where clients and the public can ask questions about the program and share challenges or praises on their experiences. Anyone can attend these Zoom meetings using the Zoom meeting ID: 851-9619-5190 and passcode: 95482 or call in at 669-900-6833.

- b. Home and Community Based Services (HCBS): Review at a future meeting
- c. Employment and Training for Clients: Review at a future meeting
- d. Transportation: Client Driver Training: Review at a future meeting
- e. Affordable Housing: Robert will be attending the People First of Lake County meeting at 15975 Anderson Ranch Pkwy, Lower Lake at 1:30 pm on Monday Feb 24th and will report at the next CAC meeting on how that meeting went. An additional topic would be to ask how to get better property management.
- f. Differences Between Supported Living and Independent Living: Review at a future meeting

6. **Develop Agenda for the Next Meeting:**

- a. Open the Meeting (1 min.)
- b. Introductions (5 min.)
- c. Announcements
 - i. Emergency Preparedness (Alex B) (10 min.) – Pending changes
 - ii. Additional Comments (5 min.)
- d. OCRA Presentation (25 min.) – Pending changes
- e. Review 2025 CAC Goals (20 min.)
 - i. Self-Determination (Discussed in February)
 - ii. Home and Community Based Services (HCBS)
 - iii. Employment and Training for Clients
 - iv. Transportation: Client Driver Training
 - v. Affordable Housing (Robert to report from the People First meeting)
 - vi. Differences Between Supported Living and Independent Living
- f. Develop Agenda for the Next Meeting (4 min.)
- g. Close the Meeting

7. **Close the Meeting:** Robert thanked everyone for attending and ended the meeting at 7:05pm

Next meeting is Wednesday, April 16, 2025.

Respectfully submitted by:
Sedona Bowser, Executive Assistant